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Marriage, Family Systems, and Economic Opportunity in the  
United States Since 1850

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## Abstract

The decline of marriage over the past half century ranks among the most profound demographic transformations in American demographic history. This paper puts recent change into historical context by providing new estimates of long-run trends in marriage. I then describe change in the family economy and explore the impact of economic changes on marriage behavior. I conclude with a discussion of cultural and structural explanations for change and their implications for the future.

## Marriage Trends

### *Age at Marriage*

There are only fragmentary data about American marriage patterns before 1850. Scattered 18<sup>th</sup>-century community studies based on church records suggest that age at first marriage may have averaged about 23 for women and 25 for men (Wells 1992, Haines 1996). Benjamin Franklin (1755) maintained that “marriages in America are more general, and more generally early, than in Europe” and he was probably right: Northwest Europeans of the time married particularly late, and a high percentage never married (Dennison & Ogilvie 2013; Hajnal 1965). Eighteenth-century estimates of marriage age are generally understated due to technical problems (Ruggles 1992, 1999; Fitch & Ruggles 2001), but there is no reason to believe that this bias was worse in America than in Europe.<sup>1</sup>

Historical demographers have argued that age at marriage rose in the United States in the first half of the 19<sup>th</sup> century (Sanderson 1979, Smith 1979, Haines 1996, Hacker 2003, 2008). The available evidence, however, is insufficient to verify that conjecture. More likely, American marriage

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<sup>1</sup> Community estimates derived from church records usually depend on linking baptism records to marriage records. Anyone who left the community before they were married is necessarily excluded from the calculation. Because older people are more likely to have migrated than are younger people, those who marry late are less likely to be captured (Ruggles 1992, 1999). Conversely, however, the 18<sup>th</sup>-century estimates could be biased upwards because the communities that have been studied may underrepresent frontier areas and the South where marriage may have been particularly early (Hacker 2003; Haines 1996).

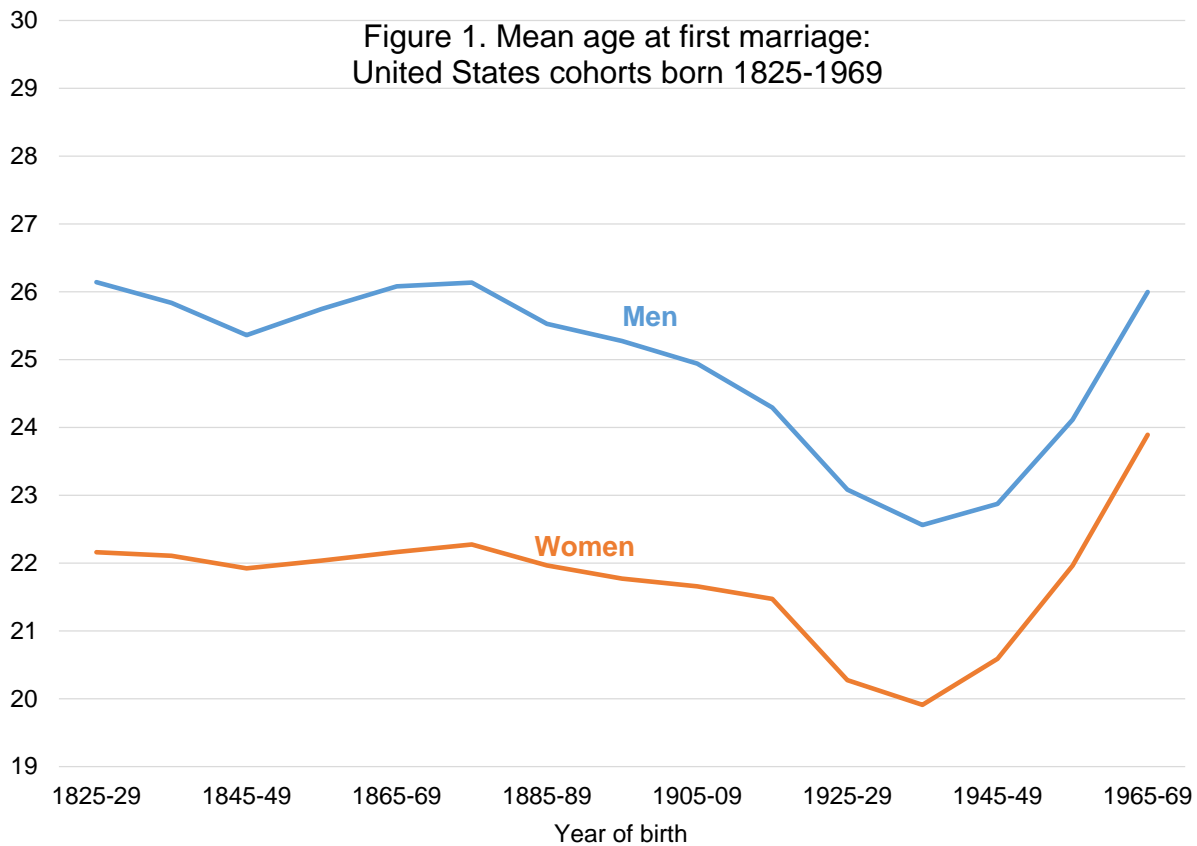
age changed little in the century preceding 1850. The first reliable national estimates are based on census data. The Mean Age at Marriage for U.S. cohorts born in the late 1820s (and marrying around 1850) was 23.2 for women and about 26.5 for men. This is about the same as the 18<sup>th</sup> century estimates for women and just a little higher for men.<sup>2</sup>

Figure 1 shows the trends in mean age at first marriage for the United States for cohorts born between 1825 and 1969, based on the decennial censuses and the American Community Survey. The estimates are confined to the free population, which means that most blacks are excluded in the period before emancipation. For people born in the nineteenth century, fluctuations in marriage age were modest. There was a slight increase in marriage age between the birth cohorts of 1835-39 and 1875-79, especially among men. For the next two generations, marriage age declined gradually. The post-war marriage boom mainly affected people born between 1925 and 1949, who married younger than any previous generations. After 1949, marriage age increased sharply, especially for women, and the age difference between husbands and wives narrowed. By the late baby boom generation—those born from 1965 to 1969—marriage age for women was substantially later than at any previous period, and marriage age for men was about the same as the previous peak.

Cohort measures of mean marriage age are ideal for describing shared generational experience. The disadvantage of the cohort approach is that we must wait for the cohort to pass out of the marrying ages before we can describe that experience, so the method cannot be used to

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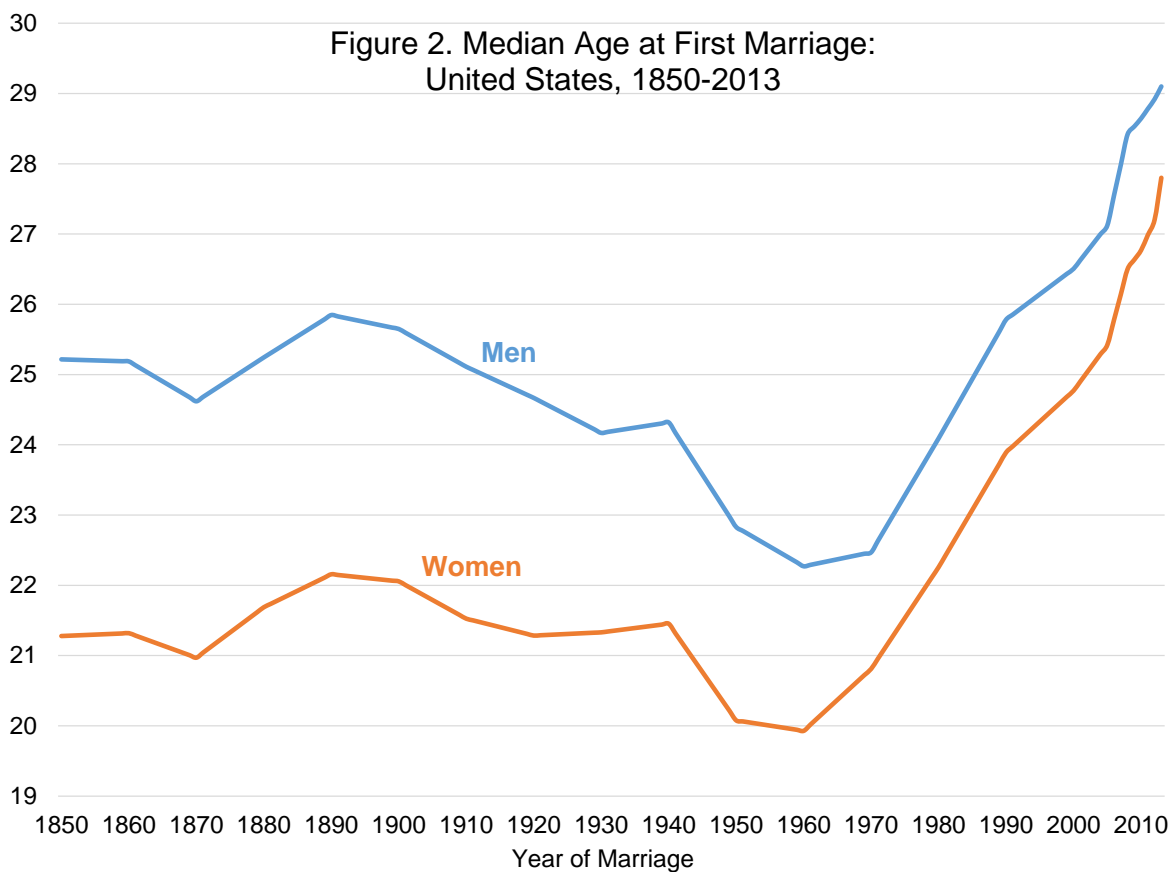
<sup>2</sup> These estimates and all other statistics presented in this paper, unless otherwise specified, are derived from the most recent versions of the Integrated Public Use Microdata Series (IPUMS), which provides microdata from decennial censuses, the American Community Survey, and the Current Population Survey (Ruggles et al. 2010; King et al. 2010). The census-based estimates are derived from the Singulate Mean Age at Marriage (SMAM), a life-table method that is not affected by mortality or age composition (Hajnal 1965). Given the high-fertility, high mortality demographic regime of the mid-19<sup>th</sup> century, we could expect that census-based estimates would be about a year later than direct estimates derived from church records (Ruggles 1992). SMAM relies on information about marital status by age, information that was first gathered by the 1880 census; accordingly, for the 1850 through 1870 period I imputed marital status following methods described in Fitch and Ruggles (2001) as modified by Hacker (2003).



describe recent change. Moreover, cohort life-table measures of mean age at marriage blend the experience of multiple age groups, blurring the impact of short-run period change.

Figure 2 provides an alternate perspective: the median age at marriage for the population of each period from 1850 through 2013. The measure—the indirect median—is determined by marriage behavior at the peak marrying ages, and is calculated separately for each cross sectional census or survey.<sup>3</sup> The period estimates in Figure 2 show much more fluctuation than the cohort estimates

<sup>3</sup> I used the indirect median age at marriage as described by Shryock and Siegel (1976), except that to maximize precision I used single years of age tabulated from the microdata instead of five year age groups. The median is consistently a year or so younger than the mean because of the positive skew of marriage age. It better reflects the typical experience of the population, but is not directly comparable with historical or contemporary international estimates of marriage age, which usually use the mean. As described in note 2, I imputed marital status for the 1850-1870 period. The 2013 estimate derives from the Current Population Survey, since American Community Survey data for 2012 are not yet available. I also constructed a marital status life table for 2012 using newly-available American Community Survey variables identifying marriage order and married within year. The indirect median age at marriage in 2012 was 28.92 and 27.20 for men and women, respectively. The life table medians—which are based on completely



in Figure 1. Age at marriage dipped slightly after the Civil War, and then rose steadily from 1870 to a peak in 1890. From 1890 to 1960, marriage age fell for both men and women. The drop was interrupted in 1940, the only depression year represented in the data.

The period measures of Figure 2 reveal the contours of recent changes in marriage age. Following the post-war marriage boom, age at first marriage has increased at an unprecedented pace since 1960. During the past decade, the increase has accelerated sharply, reaching a peak of 29.1 for men and 27.8 for women in 2013.

### *Prevalence of Marriage*

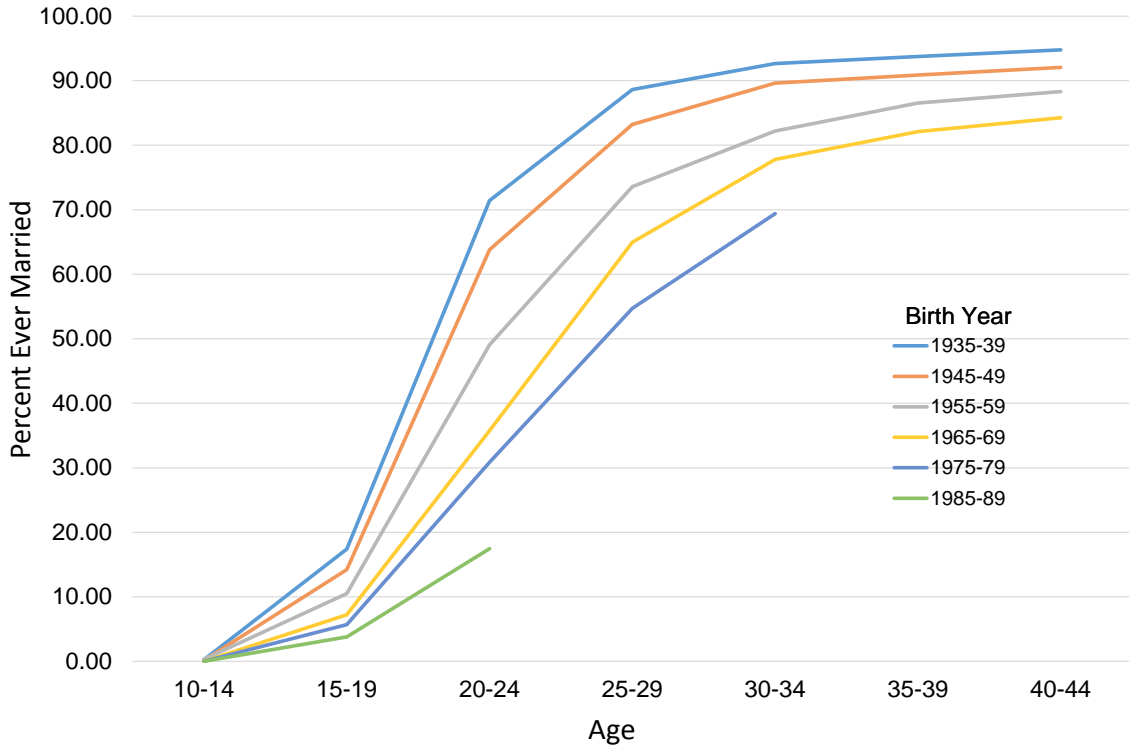
The declining prevalence of marriage is occurring across all age groups. Figure 3 shows the age-pattern of percent ever married among men and women for each successive cohort born

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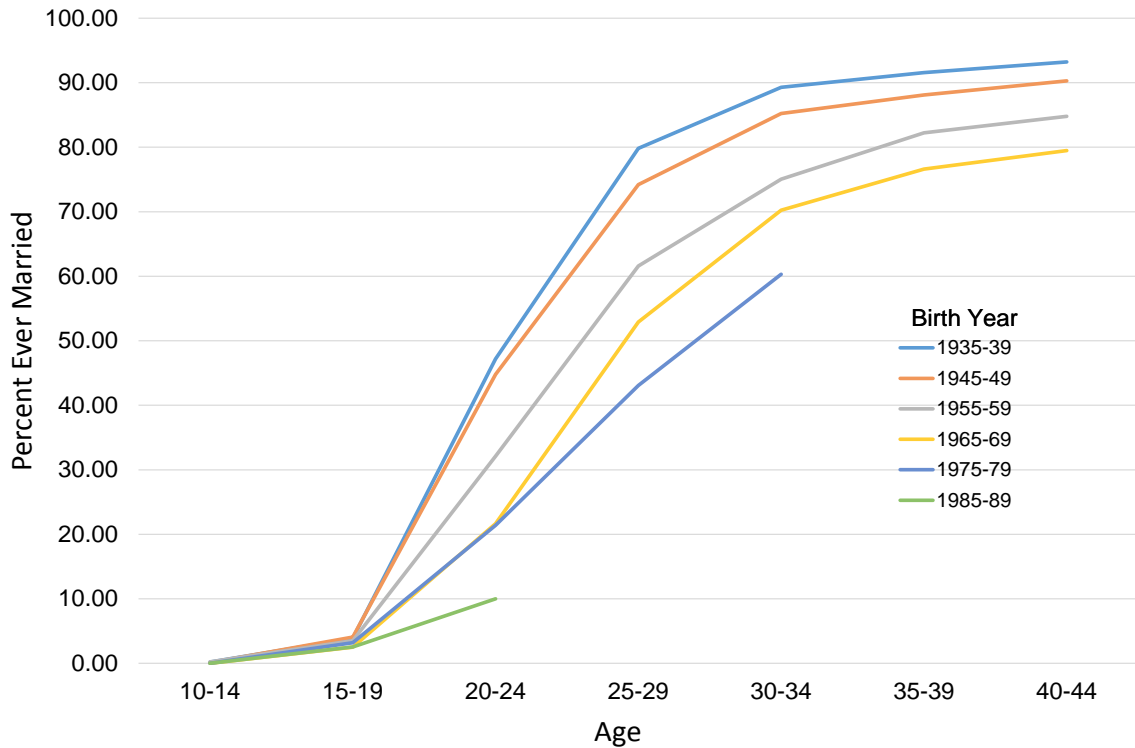
different census questions—were 28.81 and 27.04. The consistency of the two methods is reassuring.

Figure 3. Percentage of women and men ever married by age and birth cohort: United States 1935-1989

Women



Men

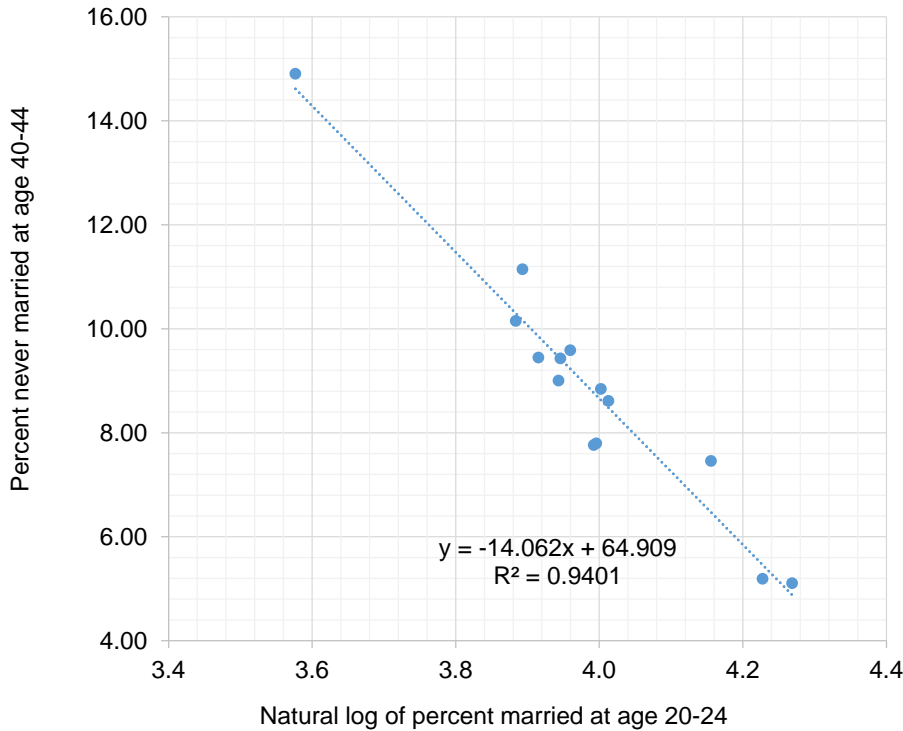


since 1935. Among the youngest cohort of women—who can only be observed through age 20-24—only 17.5% have married, compared to 71.4% of the same age group in the 1935-39 cohort.

How many of these young people will eventually marry? By fitting marriage curves derived from historical data, Goldstein and Kenney (2001) concluded that about 90% of younger cohorts will eventually marry. Since then, however, the young have continued to diverge sharply from historical marriage patterns, and Goldstein and Kenney's predictions do not seem to be coming true. In the context of such rapid change, there is no guarantee that the old marriage models still apply. People do not have unlimited opportunities to marry, so a delay in marriage necessarily increases the chances that marriage will not occur. Empirically, it is unusual for a cohort to forgo marriage early on but then catch up in later life. Among the fifteen birth cohorts of women I have reconstructed for persons born between 1825 and 1965, there is only one in which the percentage married at age 20-24 did not accurately predict the percentage who had married by age 40-44. That exceptional birth cohort was born between 1915 and 1919; they reached age 18 between 1933 and 1938 and reached age 24 between 1939 and 1943. Under the adverse conditions of depression and war during their prime marrying years, many of these women delayed marriage. In the end, however, they did catch up; only 6% had never married by the time they reached 40-44 years old in the postwar years. If this cohort had behaved like all the others, their non-marriage would have been about 50% higher.

There was no catch-up for the other 14 cohorts I examined: in all other periods, the percentage ever married at age 20-24 (with a log transformation) predicts almost perfectly the percentage never married by age 40-44. The scatterplot in Figure 4 illustrates that tight relationship. We have no way of telling whether this simple relationship will hold true in the future, just as we have no way of knowing whether historically-based marriage models developed by Coale and McNeil (1972) and Hernes (1972) have any relevance for the youngest cohorts.

Figure 4. Scatterplot of percent ever married at 20-24 and percent never married at 40-44: U.S. cohorts of women born 1825-1965

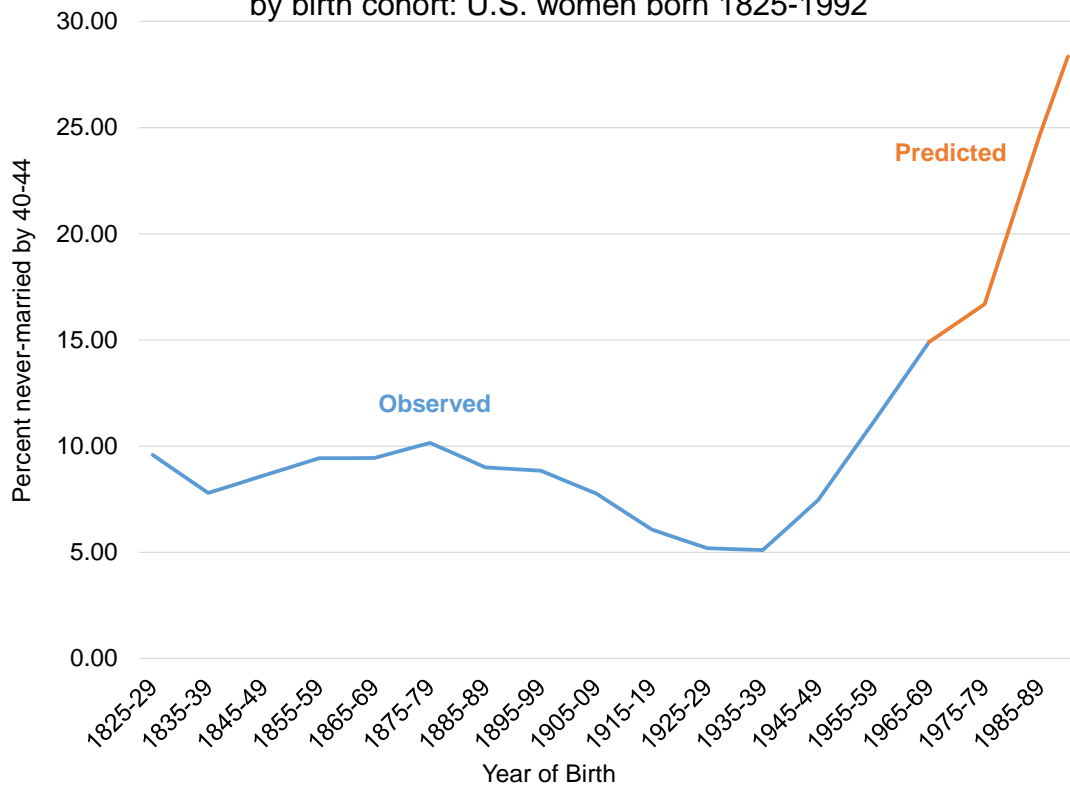


As shown in Figure 5, for over a century the percentage of women who had not married by their forties fluctuated in a narrow band between 5% and 10%. This has now changed; the marriage behavior of the 1960s birth cohorts represents a radical break with the past. On the right of the graph, I have projected into the future assuming that the historical relationship between marriage at 20-24 and marriage at 40-44 remains true. We do not know whether younger cohorts will forgo marriage at these levels, but it is plausible.<sup>4</sup> There is no sign that a catch-up is underway for any of the post-baby-boom cohorts. Even if they were to suddenly follow a similar catch-up pattern as the 1916-19 cohort, it is likely that the youngest cohorts would still end up with twice as much non-marriage as the highest levels observed in the American past.

<sup>4</sup> These estimates are very close to the projections of Martin, Astone and Peters (2014), who use a completely different methodology based on the ACS “married within year” variable.



Figure 5. Percent of women never married by age 40-44 by birth cohort: U.S. women born 1825-1992



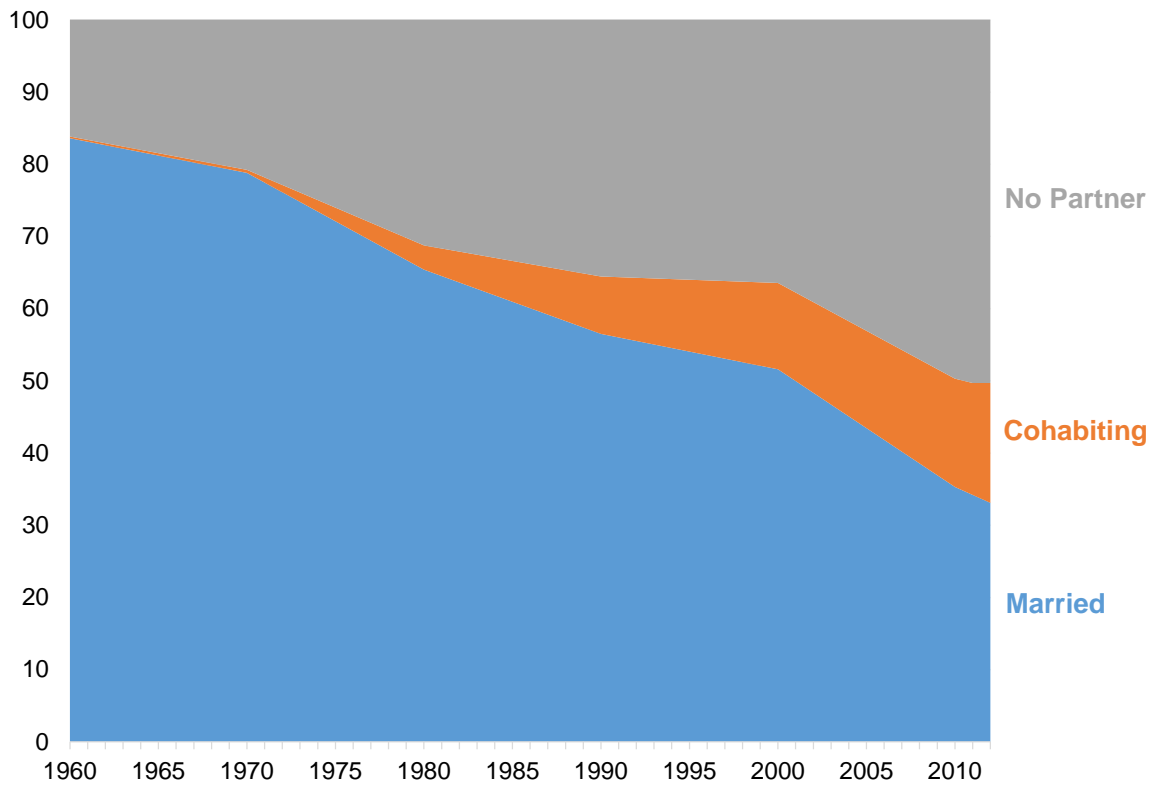
### Cohabitation

Is cohabitation substituting for marriage? Figure 6 shows estimates of the percentage of men and women age 25-29 who were either married or residing with a cohabiting partner between 1960 and 2012. By age 25-29, most people have finished their education and have become attached to the labor force. The cohabitation estimates for the period since 2007 are based on the Current Population Survey, which added an explicit question on cohabitation in that year. The 1990 and 2000 estimates derive from the unmarried-partner census category, adjusted upwards to account for underestimation (Kennedy and Fitch 2012). The pre-1990 estimates of cohabitation are rougher, and are estimated from household configurations in census microdata (Fitch, Ruggles & Goeken 2005).

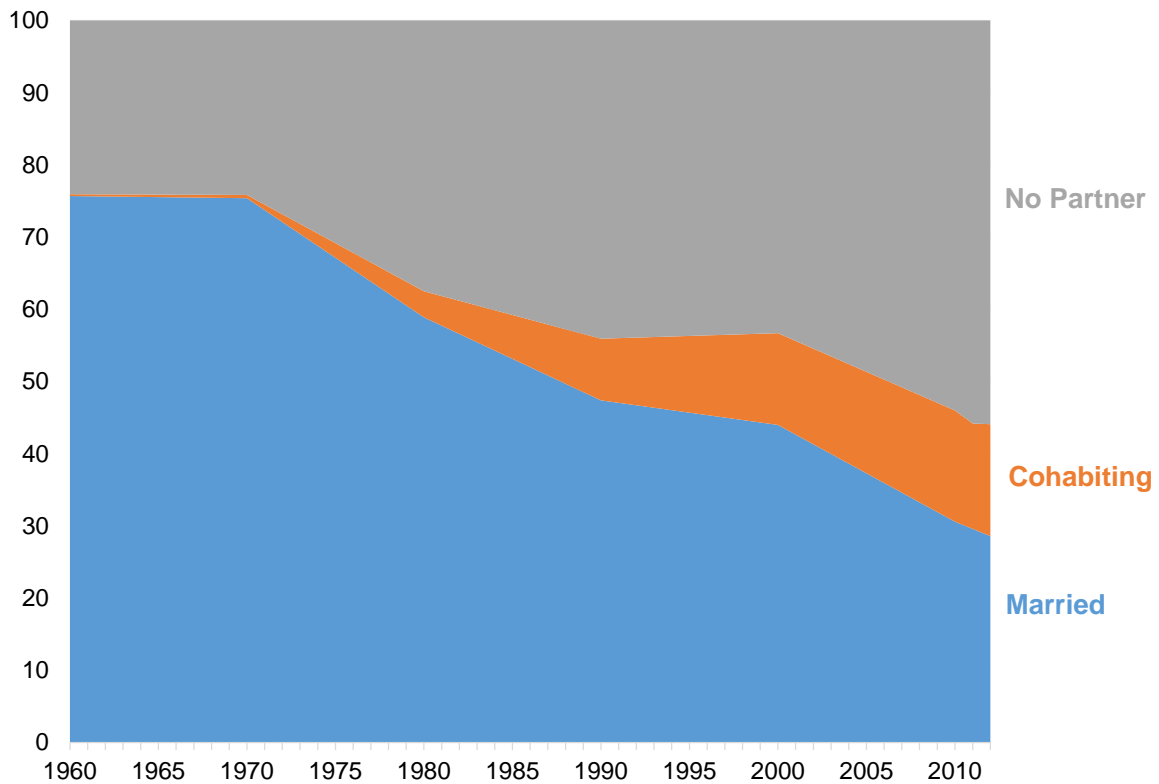
Cohabitation has indeed grown rapidly, but not as rapidly as marriage has declined. During the 1990s, the rise of cohabitation accounted for almost all of the decline of marriage. After 2000,

Figure 6. Percentage of women and men age 25-29 who were married or cohabiting

### Women



### Men



however, the acceleration of marital change outstripped the increase of cohabitation, and the percentage of young adults without partners grew at a rapid pace. Over the entire period from 1960 to 2012, the rise of cohabitation was only one-third as great as the decline of marriage, and the number of young adults without partners of any kind roughly doubled.<sup>5</sup>

### *Marital Instability*

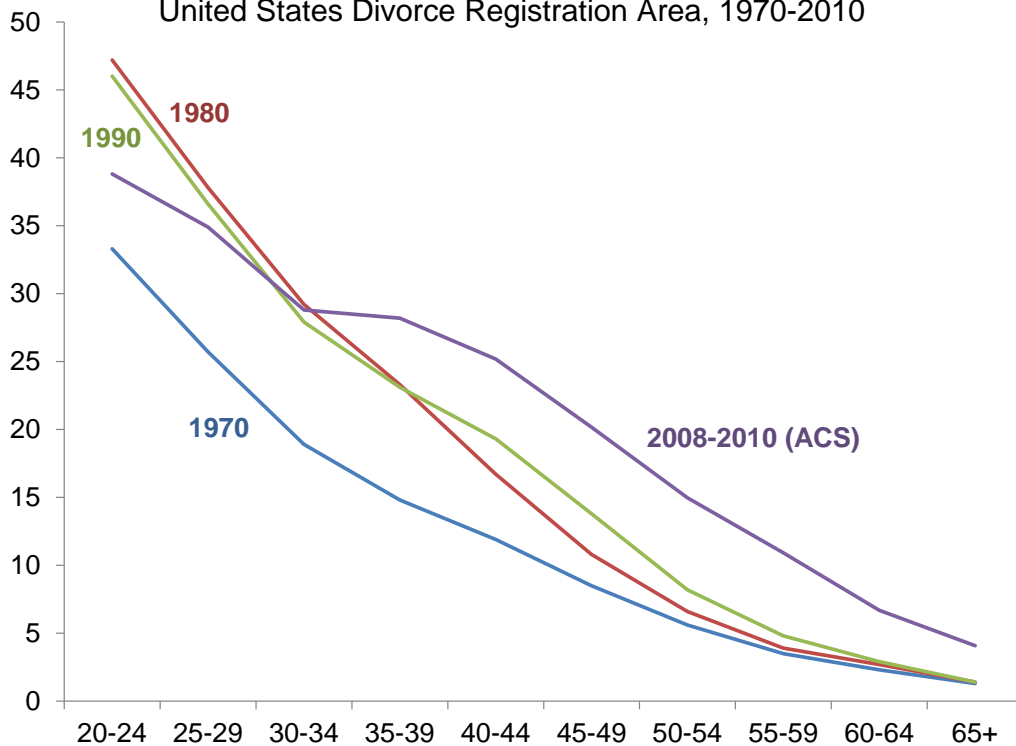
People are not only getting married less often; they are also terminating their marriages at an unprecedented pace. Until recently, the standard demographic interpretation was that divorce rates peaked around 1980 and have remained steady or declined since then. That interpretation is correct if we look only at crude rates, but if we only look at crude rates then Sweden has higher mortality than Papua New Guinea (Ruggles 2012). Recently, Kennedy and Ruggles (2014) showed that if we adjust for changes in the age distribution of married women, a very different picture emerges. Figure 7 shows divorces per 1000 married women, controlling for the age distribution of the married population.<sup>6</sup> The pattern from 1867 through the mid-1980s is similar to the well-known trends in crude divorce rates: there was a long-run gradual rise in divorce rates, punctuated by a sharp spike in 1946, a period of rapid increase in the 1970s, and stability in the mid-1950s and mid-1980s. What is very different from the usual picture is the trend after 1985. Adjusting for age, divorce is now almost 40% higher than it was in 1980 and three times as high as in 1960. The age pattern of divorce for 1970, 1980, 1990, and 2008-2010 appears in Figure 8. The rapid increase in marital instability has been concentrated among person aged 35 and older, and especially among those over 50, a phenomenon Brown & Lin (2012) term the “Gray Divorce Revolution.” From 1970 to 1980, divorce rates increased at every age, but the age pattern

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<sup>5</sup> If one focuses on the percentage of women ever-married or ever-cohabiting, rather than the percentage currently cohabiting, the rise of cohabitation does offset the decline of marriage (Manning, Brown, Payne. 2014).

<sup>6</sup> The analysis uses direct standardization for the period 1970-2012 and indirect standardization for the period 1867-1969; both periods use 2010 as the standard. The 1970-2012 estimates follow the analysis of Kennedy and Ruggles (2014), but they are adjusted to account for the differences between the death registration area and the country as a whole. Missing years were interpolated based on the fluctuations in crude rates.

Figure 8. Divorces per 1000 married women, by age:  
United States Divorce Registration Area, 1970-2010

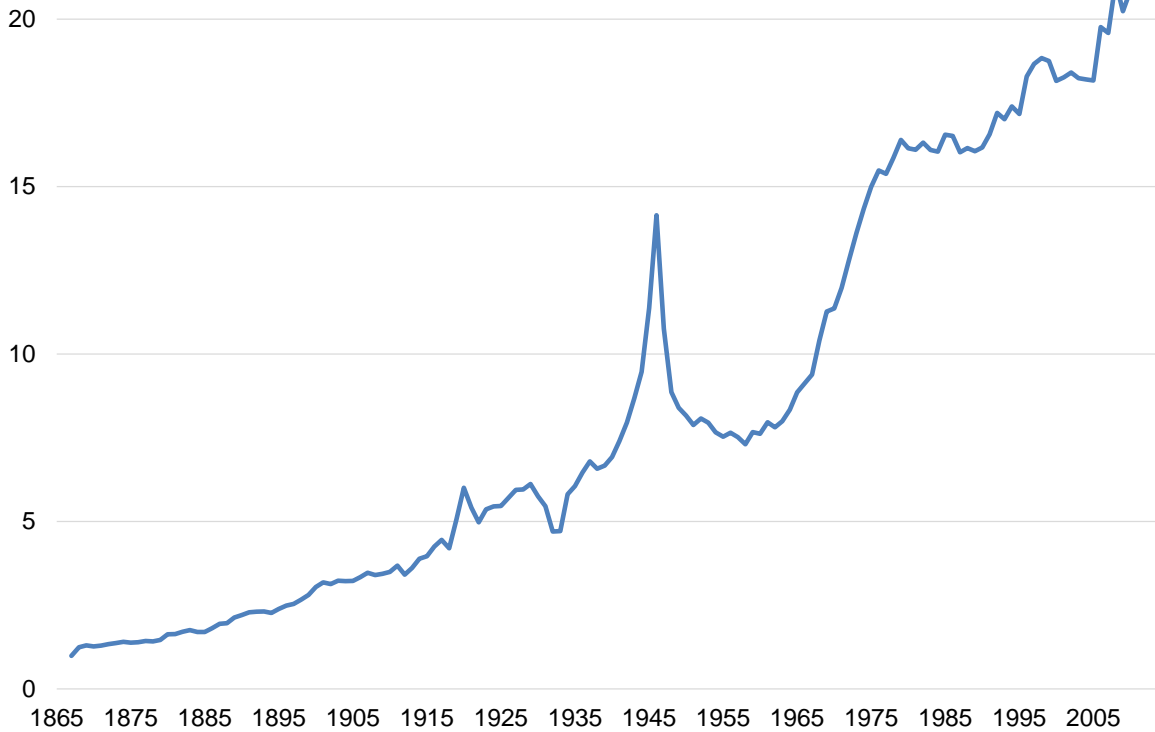


remained essentially similar. The level of divorce in 1990 was almost the same as in 1980, but there was a small shift in the age pattern: a slight decline in divorce for women in their 20s, and a slight increase for those over 40. Over the next two decades, this graying of divorce accelerated. There has been a decline since 1990 in the divorce rate of women aged 20-24. This decline probably reflects the increasing selectivity of marriage; just 13.3% of women in that age group were married in 2012. Among women in their 50s, the recent data show divorce rates over twice as high as the comparable rates in 1990.

### *Single parenthood*

As the marriage rate declines and marital instability rises, a growing percentage of children are residing separately from at least one of their parents. Figure 9 shows the percentage of infants

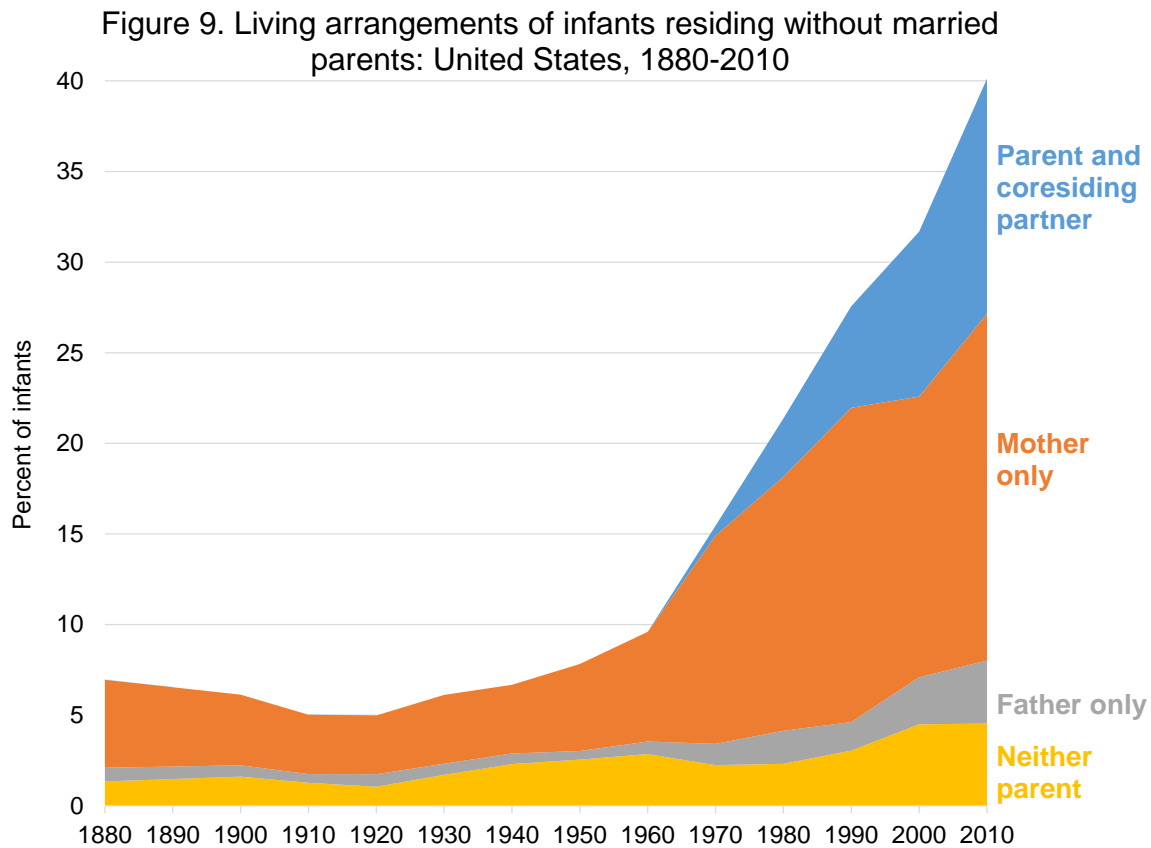
Figure 7. Divorces per 1000 married women standardized by age:  
United States 1867-2012



(persons under one year old) residing without two married parents between 1880 and 2010.<sup>7</sup> The percentage of infants without two married parents declined slightly from 1880 to a low point in the early twentieth century, owing mainly to a decline of paternal mortality. The percentage of infants with single mothers or residing without any parent increased slowly from 1920 to 1960, and rapidly after 1960. Initially the growth occurred mainly in the percentage of infants residing with mothers only, but the last three decades have seen rapid growth in the percentage of infants only with fathers and residing with cohabiting couples.

Among the coresiding partners, the Current Population Survey reports that 78.8% were the biological parent of the infant in 2010. The percentage of infants residing with a cohabiting parent shown in Figure 9 is consistently smaller than the percentage of births to women in cohabiting

<sup>7</sup> The category “parent and coresiding partner” was estimated using cohabitation variables in the 2010 Current Population Survey to adjust results from the census in 2000 and 1990 based on the “unmarried partner” category. Pre-1990 cohabitation was estimated from Fitch, Ruggles, and Goeken 2005.



unions as estimated from the National Survey of Family Growth (Kennedy and Bumpass 2008; Lichter, Sassler and Turner 2011). This is probably because of the high instability of cohabiting unions; Kennedy and Bumpass (2008) found that most cohabiting unions dissolved within two years.

## The Economics of Marriage

### *Three Family Systems*

For most of the nineteenth century, production was carried out by families. In 1800, about three-quarters of the population was engaged in agricultural work, and a majority of the population lived on farms until 1850. All family members who were old enough contributed to farm production, and farms depended on family labor.

Among the quarter of the population that did not work on farms at the beginning of the nineteenth century, most still made their living through the family economy. Most nonfarm

production was carried out by family businesses. Among the top job titles were shoemakers, merchants, tailors, physicians, butchers, grocers, bakers, and tavern keepers. In most such businesses, the family resided on the same premises as the shop, and the whole family worked in the business. Like farms, such businesses were usually handed down from generation to generation.

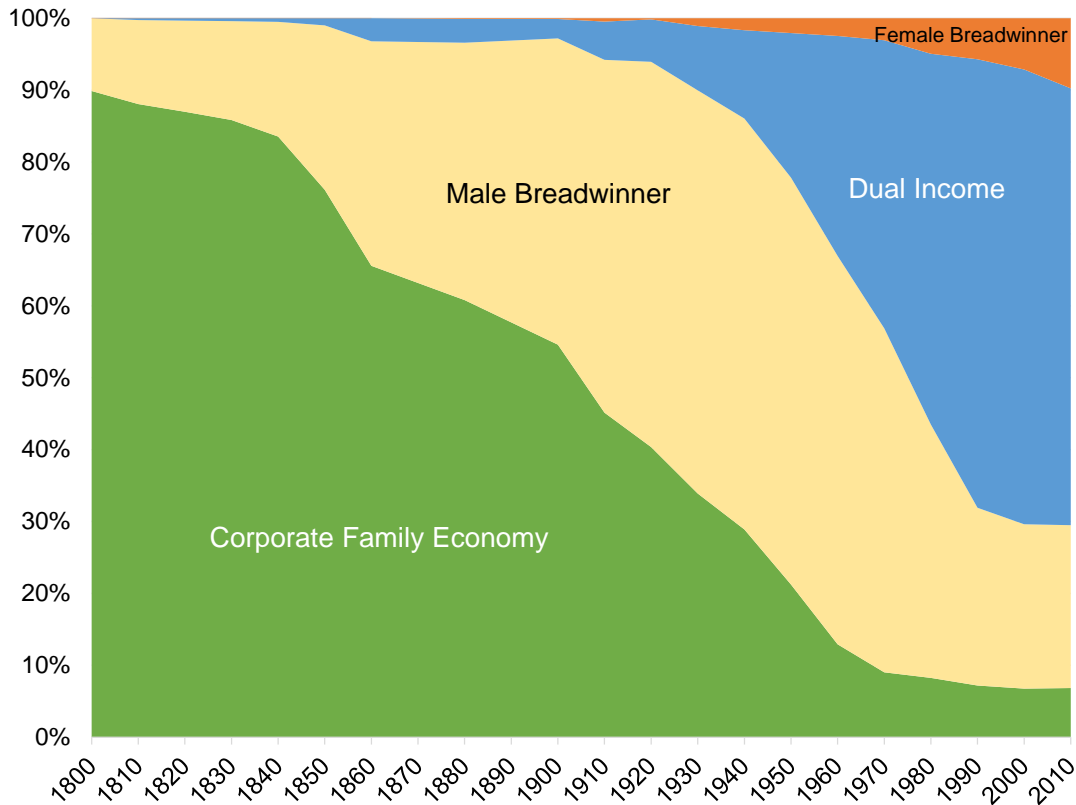
Figure 10 illustrates the scope of change in the family economy of married couples over the past two centuries.<sup>8</sup> The category labeled “Corporate Family Economy” includes all families with self-employed married men, except for those with wives who had an occupation outside the family business. Most of the couples in this category had farms. Corporate families were in the majority throughout the nineteenth century, and remained important through the first half of the twentieth century.

The traditional family is not the Ozzie-and-Harriet male breadwinner family that briefly prevailed in the mid-twentieth century (Coontz 2005; May 1990); the corporate family predominated for hundreds of years before. We should not idealize these “traditional” families. They were organized according to patriarchal tradition; the master of the household had a legal right to command the obedience of his wife and children and to use corporal punishment to correct insubordination (Siegel 1996: 2122-2123; Mintz & Kellog 1988; Shamma 2002; Coontz 2005; Cott 2009). In most states, husbands owned the value of their wives’ labor, as well as most property women brought into marriage (Shamma, Salmon and Dahlin 1987; Siegel 1996). For 180 years,

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<sup>8</sup> This graph was inspired by a similar illustration that appears in Goldscheider and Stanfors (2014). The term “Corporate Family Economy” was apparently coined by Ryan (1981), and my characterization of change was informed by Mintz (1998). For the period since 1910, the Corporate Family Economy category was constructed using the Class of Worker variable in the census, which explicitly identifies the self-employed. For the period from 1850 to 1900, I assigned self-employed status to any occupation title that was at least 85% self-employed in 1910, and I assigned wage employment for occupations that were at least 85% wage workers in 1910. For jobs that were mixed between self-employment and wage workers, I extrapolated backwards from 1910 based on the trend in self-employment within each job title between 1910 and 1920. For the period before 1850, I assumed that the trend in farm families followed the overall trend in agricultural employment as estimated by Weiss (1992), and I assumed that the percentage of other self-employed occupations was constant.

Figure 10. Distribution of family economies: U.S. married couples age 18-64



the authority of the patriarch was enshrined in the decennial census, which explicitly identified the head of each household; only in 1980 was the household head concept abandoned (Ruggles and Brower 2003).

Male breadwinner families are those in which the husband worked outside the home and the wife had no occupation listed. In some male breadwinner households women may have made some money, but their primary work was childrearing and housekeeping. The Male breadwinner category represented a majority of marriages for just five decades—from 1920 to 1960—reaching a peak of 57% in 1940. According to the functionalist paradigm that dominated American sociological thought at mid-century, the stripped-down male-breadwinner family was ideally adapted to the needs of industrial society. Echoing ideas proposed by Durkheim (1893), Parsons (1949) maintained that sex-role specialization was essential for marital stability. When Becker (1973, 1981) formalized the specialization concept in his theory of marriage, the equations



demonstrated that overall satisfaction from unions is maximized when men work and women do not, and that such optimal arrangements maximize satisfaction for society as a whole.

Parsons and Becker never provided empirical evidence of either functional efficiency or satisfaction flowing from the male-breadwinner family. Not all members of those families agreed that the arrangement was ideal. Many wives in male-breadwinner families, Friedan (1963) argued, felt devastating boredom stemming from a family system that “has succeeded in burying millions of women alive.” The male-breadwinner system did not last long: it had already begun to decline when Parsons published “The Social Structure of the Family” in 1949, and represented only about a third of marriages by the time Becker published his *Treatise on the Family* in 1981.

Shortly after the turn of the 20<sup>th</sup> century, the number of married women working outside their families began to increase, and the pace of change accelerated in the middle decades of the century. Dual-earner families have now predominated for almost a half century. Over the past several decades, female-breadwinner families have emerged as a significant new form, and now account for a tenth of marriages.

### *Labor Markets and Family Systems*

The transitions from corporate families to male breadwinner families to dual earner families resulted from largely exogenous changes in labor markets. In the mid-nineteenth century, there were few alternatives to family labor. Figure 11 shows the distribution of employment for free working age men and women since 1850. The white area at the top of each graph represents persons with no clear labor-market activity. Almost 70% of men were farmers, proprietors of their own businesses, or family members working on those farms or businesses. There were relatively few wage-labor jobs available, and about half of them were unskilled laborers, who generally did not make enough money to start a family. There were as yet few factory jobs; in the skilled workers

and operatives category, the most important jobs were miners, sailors, machinists, and overseers of slaves.<sup>9</sup>

Wage-labor opportunities were far worse for mid-nineteenth century women than they were for men. The only significant category of female wage-labor employment was unskilled work, which almost exclusively meant work as domestic servants. Self-employment opportunities were also limited; most self-employed women were seamstresses or launderers. The tiny professional and managerial category—accounting for less than 1% of adult women in the mid-19<sup>th</sup> century—consisted almost entirely of teachers, who were rarely paid a living wage.

The best jobs available for women were the 1.3% in the skilled worker/operative category; these were factory workers, and four-fifths of them were located in New England and the Mid-Atlantic states.

New England was the best place to be a wage worker, since it had the most advanced industrial sector and labor was in short supply; in the mid-19<sup>th</sup> century, New England had one of the best-paid workforces in the world (Lebergott 1984). Even there, however, it was difficult to make enough money as a wage worker to live on, much less support a family. Figure 12 shows estimates of New England wage rates for unskilled workers and textile factory workers between 1825 and 1870. The amounts are expressed as 2013 dollars, although that is not especially meaningful considering the radical changes in the distribution of prices during the past two centuries. Nevertheless, we can safely draw the conclusion that farm laborers and domestic servants, the main forms of unskilled labor, could never have supported themselves on their cash wages; instead, they relied on room

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<sup>9</sup> On the estimation of self-employment before 1910, see note 7. Unpaid work in family enterprise was estimated by assuming that any adult with no occupation in a family with a farm or other family business was engaged in family work. In addition, the category includes people with job titles related to the business; for example, sons on farms who were listed as farm laborer were counted as working on the family enterprise. It is possible that this approach overestimates unpaid employment in the 20<sup>th</sup> century, but it is probably a reasonable assumption for the 19<sup>th</sup>. Occupations are not available for women in 1850 except for unpaid family work, so I simply assumed that the other small categories were constant from 1850 to 1860. The designations of type of wage labor are based on the 1950 occupational classification.

and board from their employers, and marriage was not ordinarily an option. Factory workers made much more, and wage rates for mill workers shot up over the middle years of the 19<sup>th</sup> century.

The number of factory jobs grew rapidly; there were only a handful of mills in 1825, but by 1850 there were over a million manufacturing workers, and there were six million by 1900 (Lebergott 1984). In the late 19<sup>th</sup> century clerical jobs for men also grew rapidly, followed by professional and managerial positions in the early 20<sup>th</sup> century. The growth of well-paid wage labor job opportunities for men undermined the economic underpinnings of patriarchal authority. Once sons had the option of leaving home for the high wages and independence of town life, they had little reason to remain at home under the control of their fathers (Ruggles 2007). By 1910, the number of male-breadwinner families exceeded the number of corporate families, and the percentage continued to grow until World War II.

We have detailed information on the wages of the entire population beginning in 1940, and the trends for young men and women appear in Figure 13. The top panel of Figure 13 shows the median wages in 2014 dollars of full-time employees age 25-29; the lower panel is the same, but includes all men and women aged 25-29, not just full-time workers.<sup>10</sup>

The three decades after the war were a golden age of wage labor for young men. After a brief post-war recession, growth accelerated as the United States came to dominate the world economy. The availability of labor was sharply constrained; immigration had been restricted since 1924, and fertility levels during the depression were the lowest that had ever been recorded, so the new cohorts entering the labor force were small. The demand for entry-level workers drove starting wages up. As shown in Figure 13, median income for full-time employed men rose three-fold in the postwar era, to a peak of \$53,000.

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<sup>10</sup> Figure 13 and the subsequent graphs based on wage data use IPUMS decennial data for the period 1940 through 1960 and IPUMS Current Population Survey (CPS) data for the period since 1962. I adjusted the CPS data in the lower panel to account for the exclusion of group quarters residents who are not enumerated in the CPS; such persons tend to have low incomes. I estimated the adjustments from the decennial censuses.

The post-war boom in demand for wage labor accelerated the shift away from corporate families, but the percentage of male-breadwinner families began to decline rapidly as the dual-earner marriages grew explosively. Women made considerably less than men, and at first their wages rose more slowly, so the gender gap in wages expanded from 1940 until the mid-1970s. Nevertheless, median full-time wages for women age 25-29 rose dramatically, from \$13,500 in 1940 to \$37,600 in 1974 as the percentage of women working full-time increased from 25% to 40%. When we look at all men and women—shown in the lower panel—women do not register until 1968, since that was the first year that more than half of 25-29 year-old women were in the wage labor force.

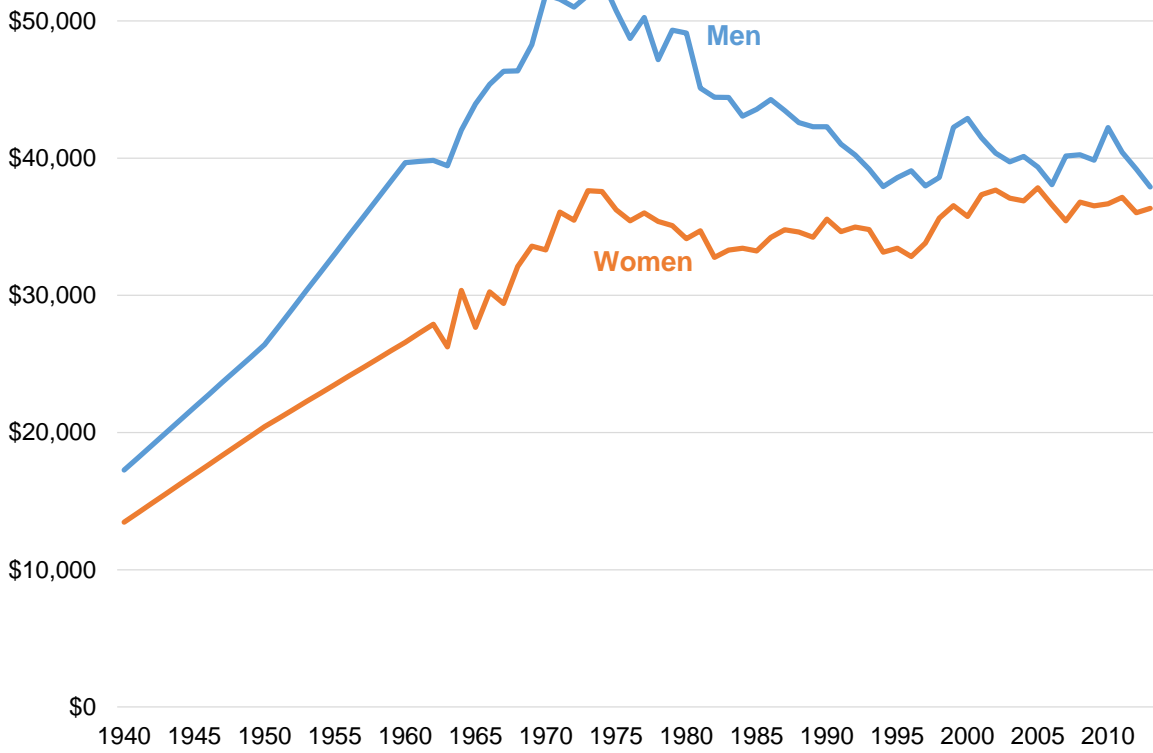
Before the 1920s, women generally left wage-labor employment when they married, and marriage bars restricting women's employment remained widespread until the 1950s (Goldin 1990, 1991). Unprecedented demand for wage workers created pressure to overcome institutional barriers to change (Oppenheimer 1970; Goldin 1990; Costa 2000). As the economy heated up and the marriage boom reduced the supply of single women, the marriage bars disappeared.

Dissatisfaction of women with the male breadwinner system helped to fuel the supply of married women's employment. The desperate boredom of housewives Freidan described was compounded by technological and demographic change. The increasing use of labor-saving household devices—especially washing machines—together with parity-specific fertility limitation, meant that women in male-breadwinner families had more available time in the second half of the twentieth century than in the first half. As married women flooded into the paid workforce, the stigma that had surrounded married women's participation in wage labor quickly disappeared.

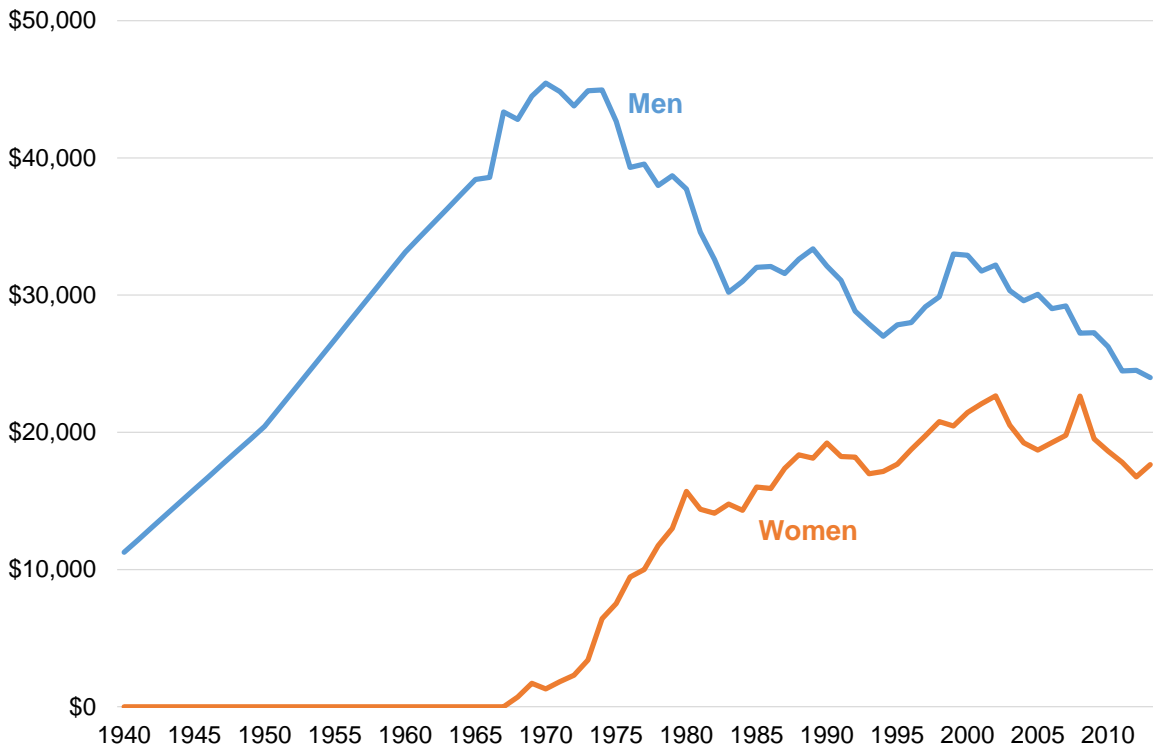
After the mid-1970s, the golden age of youth opportunity collapsed. The last four decades have been disastrous for young men. The median wages of all men ages 25-29 fell almost in half, from \$45,000 in 1974 to just \$24,000 in 2013. Part of the reason is that fewer young men were working full-time than in the 1960s and 1970s. By 2013, a third of men aged 25-29 worked less than 30 hours, more than double the level of the late 1960s.

Figure 13. Median wages of men and women age 25-29, 1940-2013

Full-time employees



All men and women



Women fared slightly better. The percentage of women age 25-29 earning at least \$25,000 rose until 2000. This was mainly because the percent of these women working at least 30 hours went from 40% in 1974 to a peak of 59% in 2000. Full-time women's wages declined in the late 1970s but recovered some ground in the 1990s, and are now just a few percent lower than in 1974.

As Easterlin (1966, 1978, 1987) anticipated, the decline in wages for young men and stagnation for young women was partly a consequence of demography. The massive baby boom generation entered the workforce between the late 1960s and the late 1980s, and this ended the post-war era of tight labor. The mass entry of women into the workforce extended the era of growing competition for entry-level jobs. The percentage of women competing in the wage-labor workforce—especially married women—continued to rise until 2000. The rise of married women's employment was at least in part a response to declining male wages: for many families, the dual-earner marriage was essential to maintain income.

Easterlin's ideas about wage competition, however, cannot help explain the continued stagnation of wages after 2000. The cohorts entering the workforce after 2000 were comparatively small, and the percentage of women competing for jobs actually began to decline. Structural changes, however, have helped keep wages low. Inequality is intrinsic to unfettered capitalism; loosening of the fetters has contributed to the concentration of income and wealth (Massey 1996; Piketty 2014; Stiglitz 2012). Increasing inequality has meant that productivity gains flow to capital rather than to workers. The rapid decline of wages was enabled by the eroding power of labor unions, declining value of the minimum wage, the computerization of production, and the shift of manufacturing and clerical jobs to developing countries. The growth of inequality over the past several decades hit young people the hardest, since they are competing for the jobs at the bottom of the economic ladder.

When male earnings peaked in the mid-1970s, there were still more male-breadwinner families than dual earner families. The sharp decline of men's earnings and the comparative stability of women's earnings created powerful new incentives for wives to enter the workforce. By

2000, 70 percent of marriages were either dual-earner or had female breadwinners, and just 23% had solely male breadwinners.

### *Marriage and Male Economic Opportunities*

Malthus asserted that “it is clearly the duty of each individual not to marry until he has the prospect of supporting his children” (1872 [1799]: 396). Marriage was delayed in 18<sup>th</sup>-century Northwestern Europe because couples had to either inherit a farm or build up sufficient resources to establish an independent household (Berkner 1972; Hajnal 1965, 1982). There is a consensus among demographers that in Western society, entry into marriage has required meeting a socially-determined minimum threshold of resources (e.g., Banks 1954; Easterlin 1987; Hacker 2008; Oppenheimer 1994; Watkins 1984).<sup>11</sup> As Oppenheimer (1988) pointed out, historical fluctuations in U.S. marriage age have been closely associated with fluctuations in male economic opportunity. Figure 14 shows the relationship between male occupation type and the percentage marrying by age 25-29 for the period 1850 through 2010. In most periods, and especially in the 19<sup>th</sup> century, farmers were more likely to have married than were any other occupational group. That is not because farmers married early; on the contrary, future farmers typically delayed marriage while they waited to inherit a farm or built up sufficient resources to homestead or buy a farm. Once a farm was acquired, having a wife was essential: farms could not operate without female labor. Thus, becoming a farmer enabled one to marry but also required one to marry. The second highest percentage married in most periods was among self-employed proprietors; butchers, bakers, and candlestick-makers also needed wives to operate their businesses. Like the farmers,

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<sup>11</sup> Many studies have demonstrated a significant connection between poor male economic circumstances and late marriage (Cready, Fossett & Kiecolt 1997; James 1998; Fossett & Kiecolt 1993; Gibson-Davis, Edin & McLanahan 2005; Lichter, LeClere & McLaughlin 1991; Lichter et al. 1992; Lloyd & South 1996; Testa & Krough 1995; Wilson & Neckerman 1987). Oppenheimer further argues that rising inequality and the growing difficulty of the career entry process for young men contributes to late marriage (Oppenheimer 1994, Oppenheimer, Kalmijn & Lim 1997).

such proprietors often needed to wait until they could inherit or build up the capital needed to establish a business.

As jobs paying good wages began to open up in the late nineteenth and early twentieth centuries, men could increasingly afford to marry at an earlier age. In all periods, young men with higher income occupations were more likely to have married than were those with low-income occupations.<sup>12</sup> Unlike farming or other self-employment, wage labor did not require that marriage be delayed for inheritance or capital accumulation. The average age of skilled workers in 1870 was 28, compared with an average of 42 among farmers. When young men were in demand, they could achieve comparatively high wages early in life. We can safely infer that the growth of good wage-labor jobs in the first half of the twentieth century was the major reason for the gradual decline of marriage age from 1890 to 1930.

The marriage boom after World War II was fueled by the surge in wages for young men. Even unskilled workers could command wages sufficient to support a family; as shown in Figure 14, the differential levels of marriage between occupational groups largely disappeared during the marriage boom years from 1950 to 1970; even those with the worst class of occupations earned enough for most to marry. Figure 15 shows the relationship between wages and marriage for 25-29 year-old men since 1940. There is a clear relationship between young men's earnings and marriage; since 1990, men making \$25,000 or more were married more than twice as often as those with incomes under \$10,000.

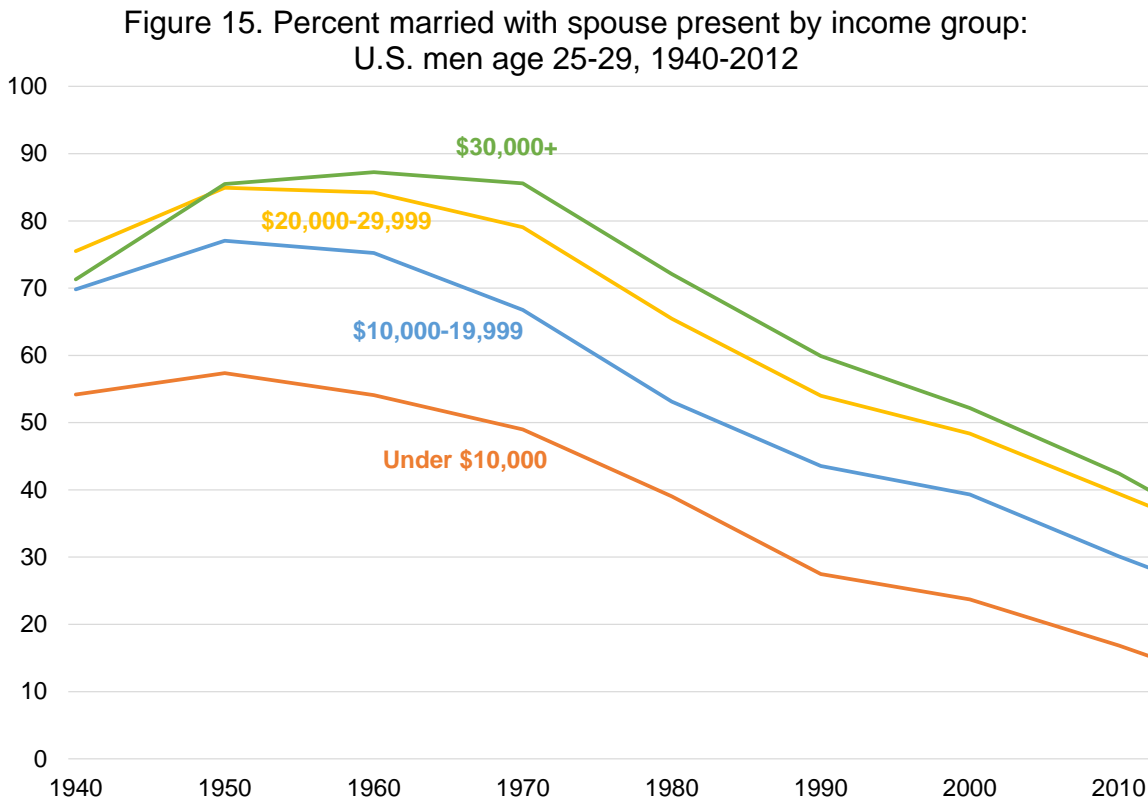
Easterlin argued that the salient threshold in marriage decisions is not the absolute level of income but relative income, defined as the income of young men relative to expectations they formed in their parental home during their teenage years. Easterlin's measures of relative income were not optimal owing largely to data limitations he faced; "unfortunately," he remarked, "the

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<sup>12</sup> The higher income occupations, defined as jobs that paid an average of at least \$2,500 in 1950 (\$25,000 in 2014 dollars). The low-wage category also includes the jobless.



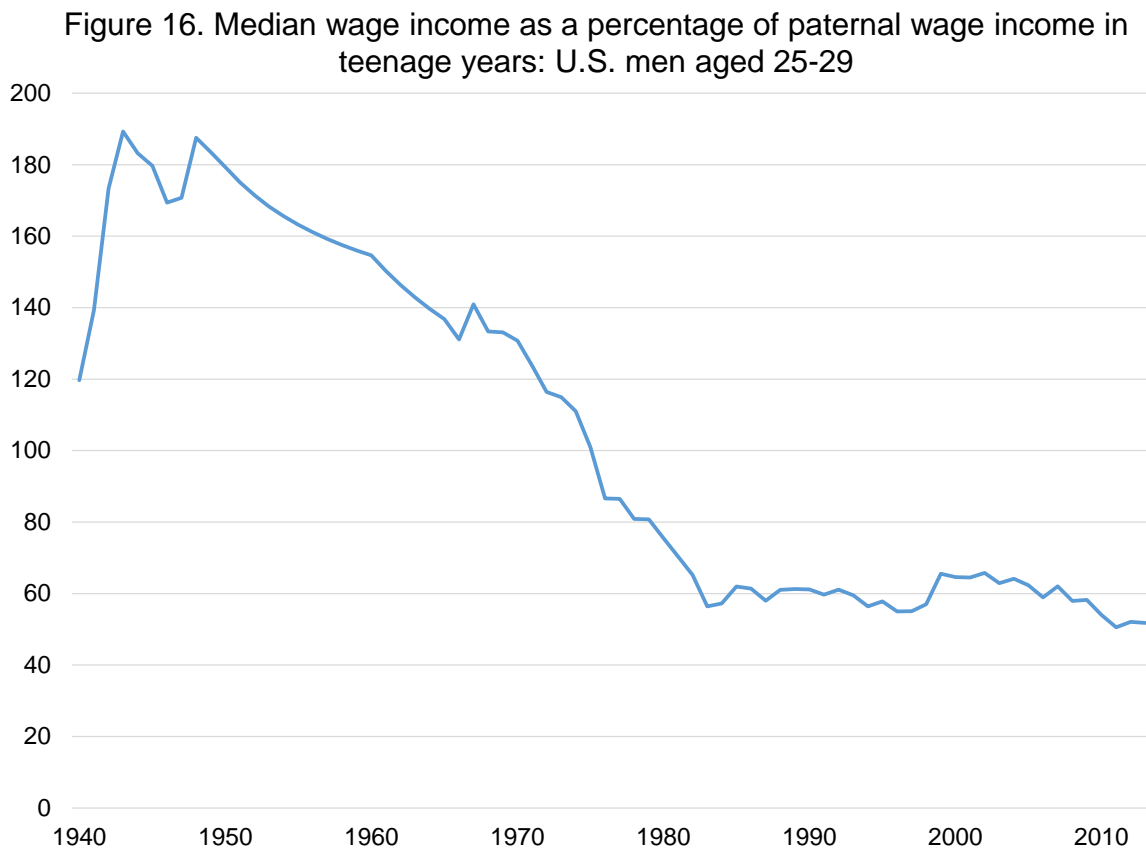
necessary information is scarce” (Easterlin 1966: 142). Demographers and historians have made great strides over the past half century in compiling new evidence, and we can now implement more sensible measures.<sup>13</sup>



<sup>13</sup> Easterlin used several variations of his measures of relative income over the course of his career (Macunovich 1998). In his best known analyses, he measured relative income as the average income of families with heads aged 14-24 divided by the average income of families aged 35-44 five years previously (Easterlin 1966: 142). This measure has several disadvantages: (1) Except for the very peak of the marriage boom, few men became household heads at age 14 to 24, introducing selection bias that makes the measure unrepresentative of the population. (2) The focus on family heads means that the unmarried are largely eliminated. This is a problem because the people who are already married are unrepresentative of persons eligible to marry. (3) Focusing on such a young age group means that many people with high future expected earnings are still in school, and therefore do not contribute to earnings. (4) The measure focuses on family income, not individual earnings, which are the theoretically salient issue in male marriageability. (5) The measure uses means rather than medians, so because of skewed income distributions it is disproportionately affected by the wealthy. The measure adopted in Figure 16 avoids these issues while remaining faithful to the logic of Easterlin’s argument.

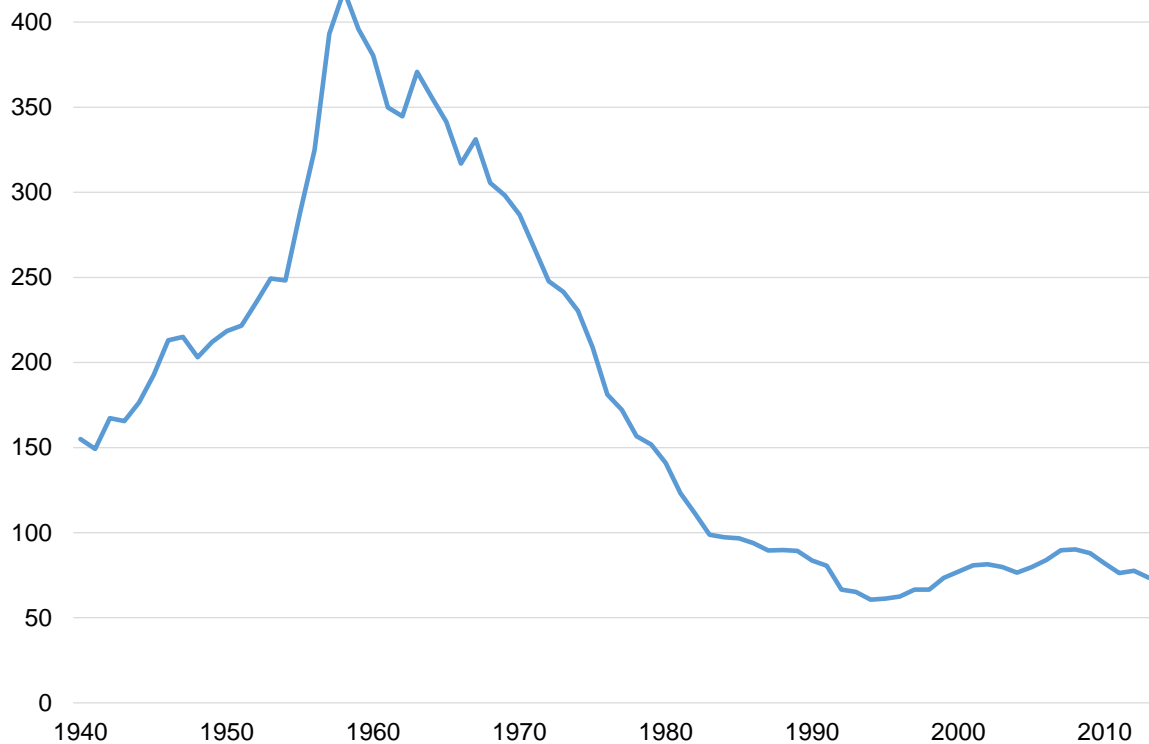
Figure 16 gives a relative income measure inspired by Easterlin that takes advantage of newer data sources.<sup>14</sup> This measure is the median wages of men age 25-29 as a percentage of median wages of men age 45-49 ten years previously (that is, when the younger men were teenagers). The measure has dual peaks in 1943 and 1948, when men aged 25-29 were making almost twice as much as their fathers had made a decade earlier. This reflects low paternal wages and unemployment in 1933 and 1938, the two worst years of the depression. After 1948, this relative income measure fell precipitously, accelerating after 1970 and reaching a plateau in the early 1980s. For the past three decades, men aged 25-29 typically earned only 60% of what their fathers had made a decade earlier, and since 2010 only half as much.

An alternative measure appears in Figure 17, which compares the wages of 25-29 year olds to the wage rates of their fathers 25 years earlier, when the fathers were 25-29. Parents might use such a comparison to evaluate the marriageability of potential sons-in-law. By this indicator,



<sup>14</sup> See note 9. Pre-1940 earnings for the older generation were estimated by assuming that trends in earnings of those aged 45-49 paralleled trends in overall GDP per capita.

Figure 17. Median wage income as a percentage of median wage income in the previous generation (25 years previously): U.S. men aged 25-29

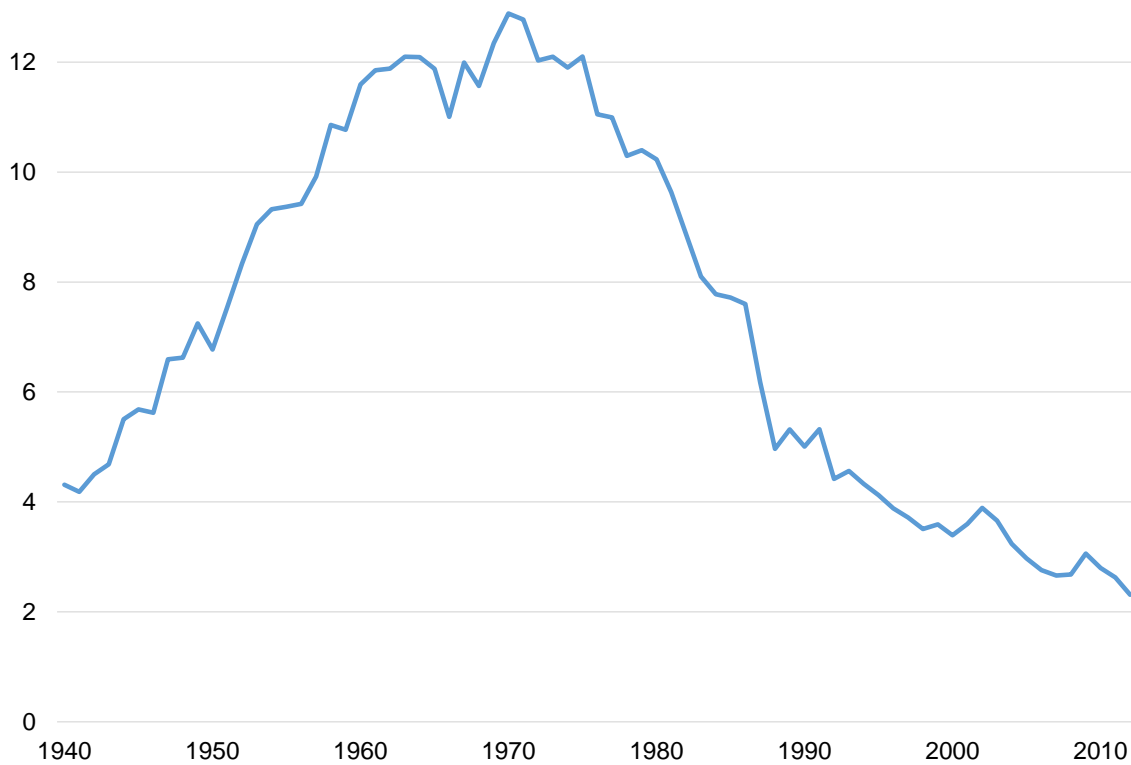


relative income peaked in 1958, when young men made about four times as much as their fathers had a quarter-century before. Again, relative income collapsed in the 1960s and 1970s, and since the mid-1980s young men have been making less than their fathers had at the same age.

Relative income does not necessarily have to be judged by comparison with parents; it can also be assessed by comparing current income to an ideal based on the affluent. Figure 18 compares the relative income of young men to the income of the top 1%. This measure peaked in 1970, when 25-29 year old men were making about 13% as much as the average income of the top 1%; by 2012, it was down to 2.3%.

As Oppenheimer (1994, 1997, 2000; Oppenheimer & Lew 1995) argued forcefully, the spectacular decline in the position of young men is the most obvious driver of the decline of marriage since the 1960s. Wilson and Neckerman (1987) defined men as eligible to marry if they were employed and not incarcerated (cf Darity & Myers 1995). Even by this minimal standard, the percentage of eligible young men has declined almost 20% over the past four decades. If

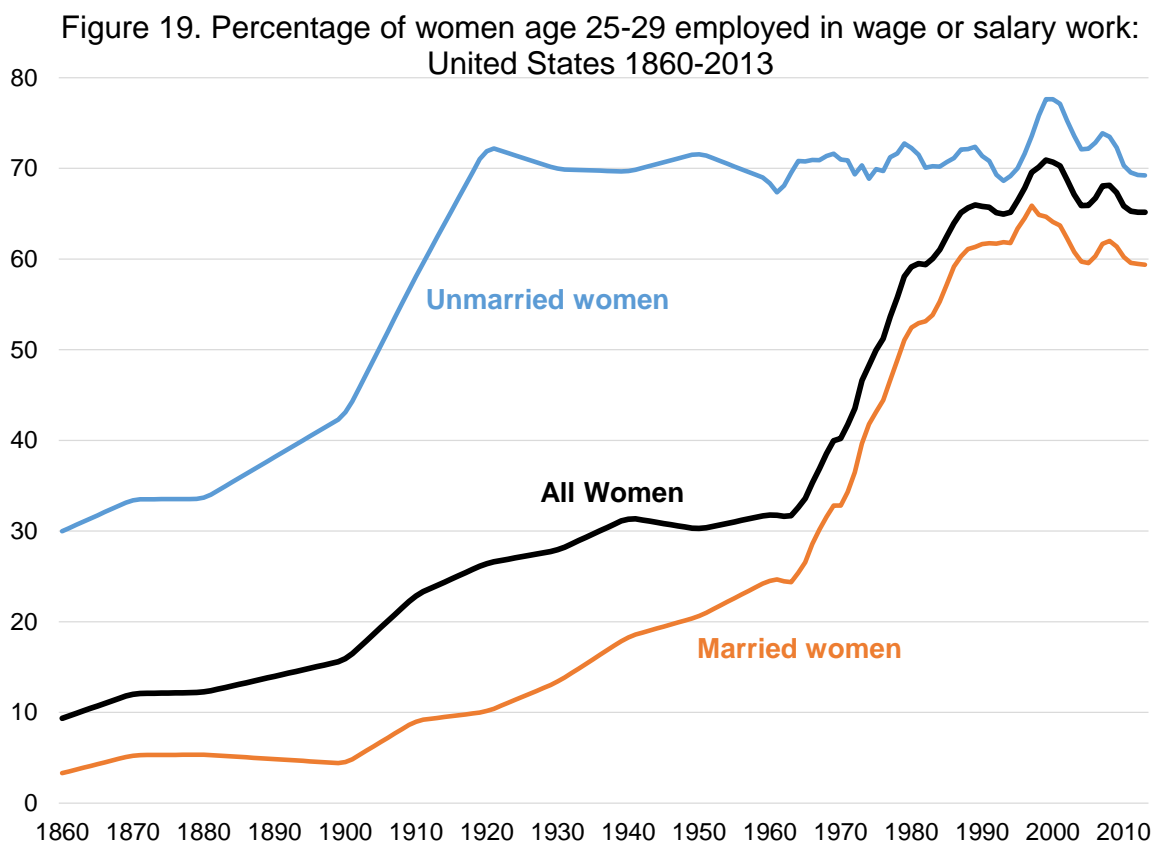
Figure 18. Median wage income as a percentage of the income of the top 1%:  
U.S. men aged 25-29



eligibility includes making enough money to support a family of four at the poverty line—about \$25,000 in 2014 dollars—then the percentage of eligible men has declined from 78% of 25-29 year-olds in 1970 to 47% in 2012. Because of the rise of the dual-earner family, it is no longer expected that men's wages will entirely support a family. That does not, however, mean that the rise of female wage labor participation has had a countervailing influence on the decline of marriage.

### *Marriage and Women's Economic Opportunities*

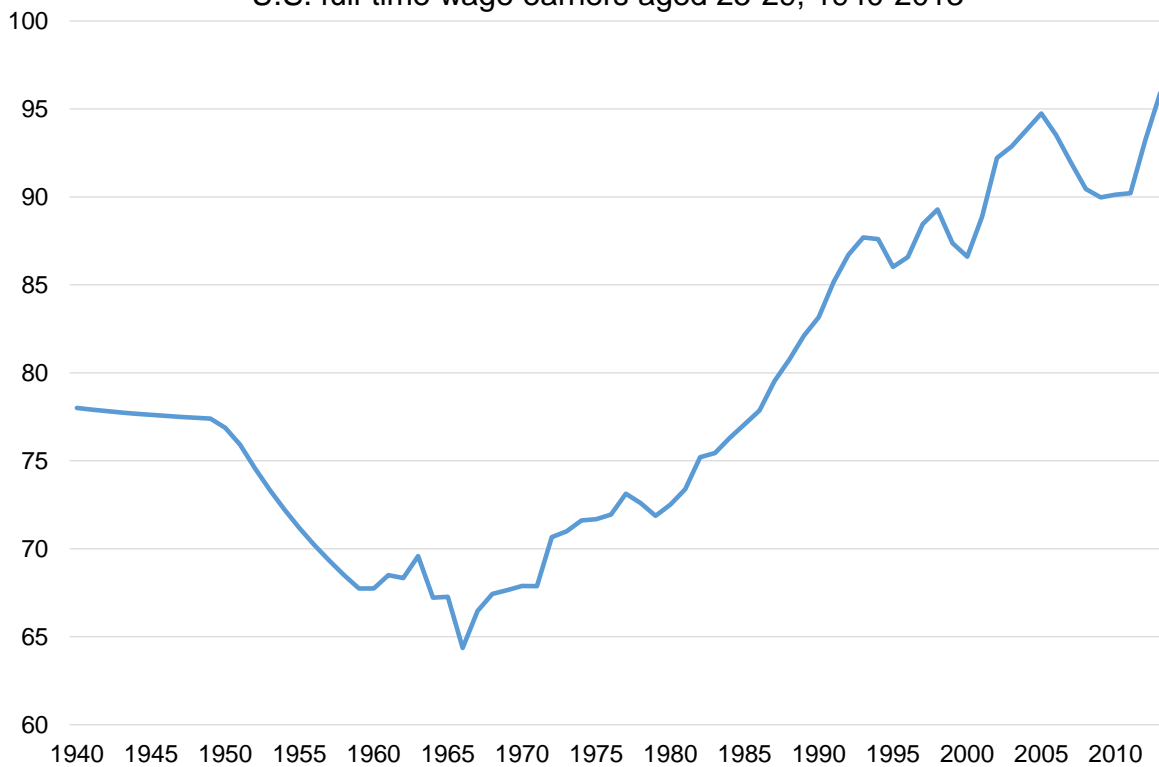
The late 20th century rise of women's wage-labor participation was a profound and unprecedented social transformation. The trend is summarized in Figure 19. Once again I focus on women aged 25-29, when they were still of prime marriage age but had mostly finished school. Women who had not married by age 25-29 often worked for wages even in the nineteenth century, and the percentage rose rapidly after 1900. Wage work for married women was rare in the 19<sup>th</sup>



century and rose gradually during the first half of the twentieth century. The initial take-off in married women's employment occurred in the mid-1950s among older women whose children were in school or grown. As shown in Figure 19, the take-off for younger married women, most of whom had small children, took place after 1964.

The initial rise in women's employment reflected the rapid expansion of demand in the tight labor market of the postwar years (Oppenheimer 1970; Goldin 1990; Costa 2000). The early rise of married women's employment was also a response to dissatisfaction with the male-breadwinner family: for many middle class women in particular, working made their marriages more tolerable. After the mid-1970s, the decline in male wages became a major impetus for married women's employment; dual incomes were increasingly needed just to maintaining family income. In addition, rising marital instability increased the incentives for many women to maintain employment as a safety net (Ono & Raymo 2006; Özcan & Breen. 2012; Schoen, Rogers & Amato 2006; Genadek, Stock &, and Stoddard 2007).

Figure 20. Women's median wages as a percentage of men's median wages:  
U.S. full-time wage earners aged 25-29, 1940-2013



As the participation of women in the wage labor force increased, the wage difference between men and women shrank. Figure 20 shows full-time women's wages at age 25-29 as a percentage of men's wages. The growth of women's pay lagged well behind that of men in the 1950s and early 1960s; the ratio between them reached a low point in 1966. From then on, the wage disparity shrank. At least after 1974, most of this reduction occurred because of declining wages for men rather than rising wages for women. It also reflected the growing educational attainment and work experience of women, as well as a reduction in overt discrimination.

According to Becker's (1981) theory of marriage, the returns to marriage are reduced when female wages rise and when married women work outside the home; the result is reduced overall utility for both husbands and wives. There is a superficial fit between theory and reality. Married women's wages and labor market participation increased sharply, and shortly afterwards marriage became less popular. From the outset, however, the predictive power of the specialization and trading model fared poorly. Shortly after Becker first proclaimed that the male-

breadwinner family provides optimal satisfaction to all involved, the great majority of people abandoned that form of marriage. As Ferber (2003) dryly expressed it, "To the extent that the purpose of theory is to assist our understanding and interpreting observed events, Becker's theory, whatever its merits in other respects, was rather untimely."<sup>15</sup>

One of the problems with Becker's theory is that many women did not actually find their subordinate role in the male-breadwinner family to be entirely optimal. Men may have found it nice to have an unpaid domestic whose chief role was to meet their needs, but we have no reason to believe that women found it equally satisfying to work as unpaid servants. Demographers who see a close connection between female wage labor and postponed marriage have usually favored an alternative theoretical mechanism that avoids Becker's problematic idea that role specialization is intrinsically valuable for both men and women. I have termed this the "Economic Opportunity" hypothesis to distinguish it from Becker's "Role Specialization" hypothesis (Ruggles 1997b; Schoen et al. 2002). Rather than reducing the attractiveness of marriage for women, the expanded availability of jobs may simply have increased the attractiveness of the alternatives to marriage (Goldscheider & Waite 1986, 1991; Ross, Sawhill & MacIntosh 1975). Under this mechanism, the rise of female wage labor can contribute to the declining frequency of marriage even if married women's employment has no impact on the returns to marriage.

There is empirical support for the hypothesis that expanding economic opportunities for women contributed to the initial increase in marriage age. Studies from the 1970s to the 1990s

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<sup>15</sup> From today's perspective, it seems extraordinary that a theory with such blatantly sexist assumptions and implications was ever taken seriously. Not only did Becker seek to demonstrate that the subordinate role of women was actually in their best interest, he also explained the advantages for women of multiple-wife marriages. After a thorough analysis, Becker (1974: S20) concluded that restriction of polygyny hurts women: "surely, laws against polygyny reduce the 'demand' for women, and thereby reduce their share of total household output and increase the share of men." In the same discussion, Becker considered the potential eugenic benefits of polygyny, since it allows "abler" men to have more children; this leads him to consider the argument that "Mormons are unusually successful in the United States because of their polygamous past" (1974: S19). Becker's argument about polygyny highlights a fundamental flaw of the specialization and trading model: it does not recognize power relationships within marriage, and assumes that an altruistic family head will make decisions that represent the best interests of the family as a whole (Sawhill 1977; Folbre 1986).

showed a strong inverse association between local levels of employment and earnings for women and the percentage of women marrying (Cready et al. 1997; Fossett & Kiecolt 1993; James 1998; Lichter, Leclaire & McLaughlin 1991; Lloyd & South 1996; McLanahan & Casper 1995; Mare & Winship 1991; Preston & Richards 1975; White 1981). Individual-level longitudinal analyses have consistently found that women with career plans have tended to postpone marriage. Using data from 1940 to 1960, Mare and Winship (1991) found that expected employment discouraged marriage among white women but had no effect for blacks. Cherlin (1980) showed that young women in the late 1960s and early 1970s who planned to work later in life had substantially lower marriage rates than women who planned to be housewives. Goldscheider and Waite (1986) obtained a similar result, and concluded that “the recent decline in marriage rates should not be seen as resulting primarily from increased barriers to marriage but from decreases in women’s relative preference for marriage because of their increased options outside of marriage” (107). Teachman, Polenko and Leigh (1987), again using data collected in the 1970s, found that women who aspired to have a professional career at age 30 had substantially reduced marriage rates compared with women who had lower aspirations.

Current income and earnings for single women—as opposed to their career aspirations—do not appear to have much effect on marriage. A few studies, mostly using data from the 1980s and later, have found small *positive* associations between the employment or earnings of single women and their likelihood of marriage, suggesting that rising women’s employment might actually encourage marriage (Lichter et al. 1992; Oppenheimer & Lew 1995; Teachman, Polonko & Leigh 1987). Sweeney (2003) compared two cohorts, one born from 1950 to 1954 (who mostly married in the 1970s and early 1980s) and one born from 1961 to 1964 (who mostly married in the 1980s and early 1990s). She found that women’s earnings had a significant positive relationship with marriage in the younger cohort, but not in the older one. This suggests, Sweeney argues, that in recent decades women’s wages have become a positive asset that makes women more attractive



partners and helps to stabilize unions.<sup>16</sup>

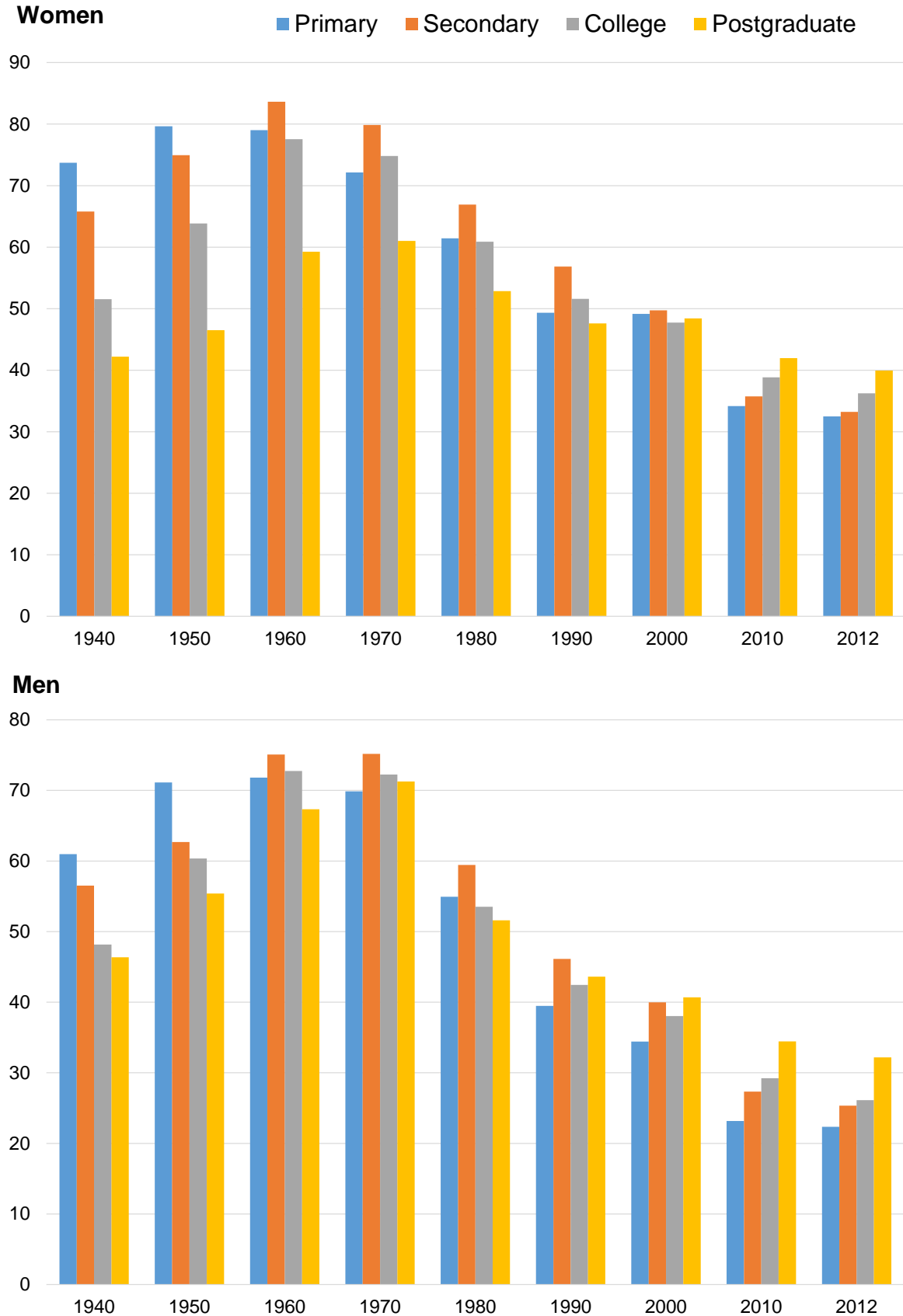
Growing economic opportunities had different consequences for different women. From the 1950s to the 1970s, the net effect of growing career opportunities for women was probably to reduce entry into marriage. Before the mid-twentieth century, many women accepted subordinate roles in male-breadwinner and corporate families because the alternatives to marriage were terrible: there were few jobs open to women that paid sufficiently to support independent living. The new wage opportunities in the mid-20<sup>th</sup> century gave women an alternative to marriage, and reduced the pressure to find a spouse as quickly as possible. Large numbers of women had the potential for at least a brief period in which they were independent of the control of either fathers or husbands (Presser & Waite 1987; Presser, Waite & Witsberger 1986). Moreover, among women stuck in bad marriages, work opportunities opened an avenue of escape (Ruggles 1997a, 1997b). In recent years, the net effect of women's economic opportunity has probably reversed. The great majority of women work for wages. Like affluent men, affluent women are attractive potential partners. The ability of affluent women to pay for childcare and house cleaning services mitigates some of the burdens of traditional marriage, potentially increasing the relative attractiveness of marriage.

Educational attainment is a strong indicator of earning potential. For both women and men, the relationship between educational attainment and marriage has reversed over the past 70 years (Torr 2011). Figure 21 shows that in 1940 and 1950 the highest levels of marriage were among young adults who had not completed high school, and the lowest marriage was among those with postgraduate education. By 2010, precisely the reverse was true: there was a strong *positive* association between education and marriage.

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<sup>16</sup> The positive association some analysts have found between women's earnings and their likelihood of marriage could be a byproduct of assortative mating. Male earnings are more closely correlated with marriage than are female earnings (Smock & Manning 1997; Xie et al. 2003). Because of assortative mating, high income women have access to a more marriageable pool of potential spouses than do low income women. As Sweeney (2003) suggests, ideally models should control for the earnings of potential husbands, but that is hard to measure. Accordingly, within each economic stratum women may delay marriage if more attractive alternatives are present, but those in higher strata marry more often than those in lower strata.

Figure 21. Percentage of women and men married with spouse present at age 25-29, by educational attainment: United States 1940-2012



The comparatively high levels of marriage among educated women since 2010 could be taken as evidence for the increasing attractiveness on the marriage market of women with high earnings potential. The fact that the same trend is evident for men, however, suggests an alternative explanation. In absolute terms, marriage rates for the highly educated—both women and men—have declined dramatically, and now are the lowest since 1940. Among the poorly educated, however, the drop has been far steeper. The driving force is declining opportunity for the uneducated, and especially for uneducated men. Men without a high-school diploma could once earn enough to marry, but those jobs have evaporated (Cherlin 2009).

### **Shifting attitudes and the Second Demographic Transition**

There is substantial evidence of a broad shift in attitudes towards marriage in the 1960s and 1970s (Cherlin 1981, 2004). One major stimulus of attitudinal change was the growing accessibility of effective fertility control. The pill, the IUD, and perhaps most importantly legalized abortion dramatically reduced the proportion of marriages resulting from unplanned pregnancies (May 2010). This in turn contributed to delayed marriage and childbearing, increased educational attainment among women, and increased female labor force participation (Akerlof, Yellin & Katz 1996; Goldin & Katz 2002; Bailey 2006; Myers 2012). The availability of contraception and abortion contributed to new attitudes towards premarital sex. In 1969, 75% of Gallup respondents said that premarital sex was wrong; by 1982, only 38% of General Social Survey respondents agreed (Harding and Jencks 2003). For many, the increasing availability of sex outside of marriage reduced the incentive to marry.

The *Inner American* study (Veroff, Douvan & Kulka 1981, 2002) conducted representative surveys in 1957, right at the peak of the marriage boom, and again in 1976, when marriage was in retreat. Women were asked what they thought of other women who didn't want to marry, even if they had the chance to do so. In 1957, 66% of respondents described such unmarried women

negatively (e.g., self-centered, immature, neurotic) compared with only 44% in 1976. Among never-married women, the drop was steeper, from 71% to 38%.<sup>17</sup>

Does the change in attitudes mean that marriage declined because of reduced stigma against remaining single, or does it mean that the stigma declined because more women were choosing to remain single? The answer has to be a little of both. The rise of married women's employment, marital dissolution, non-marital fertility, and cohabitation could never have occurred without massive attitudinal change. Attitudinal change, however, was at least partly driven by changing behavior.

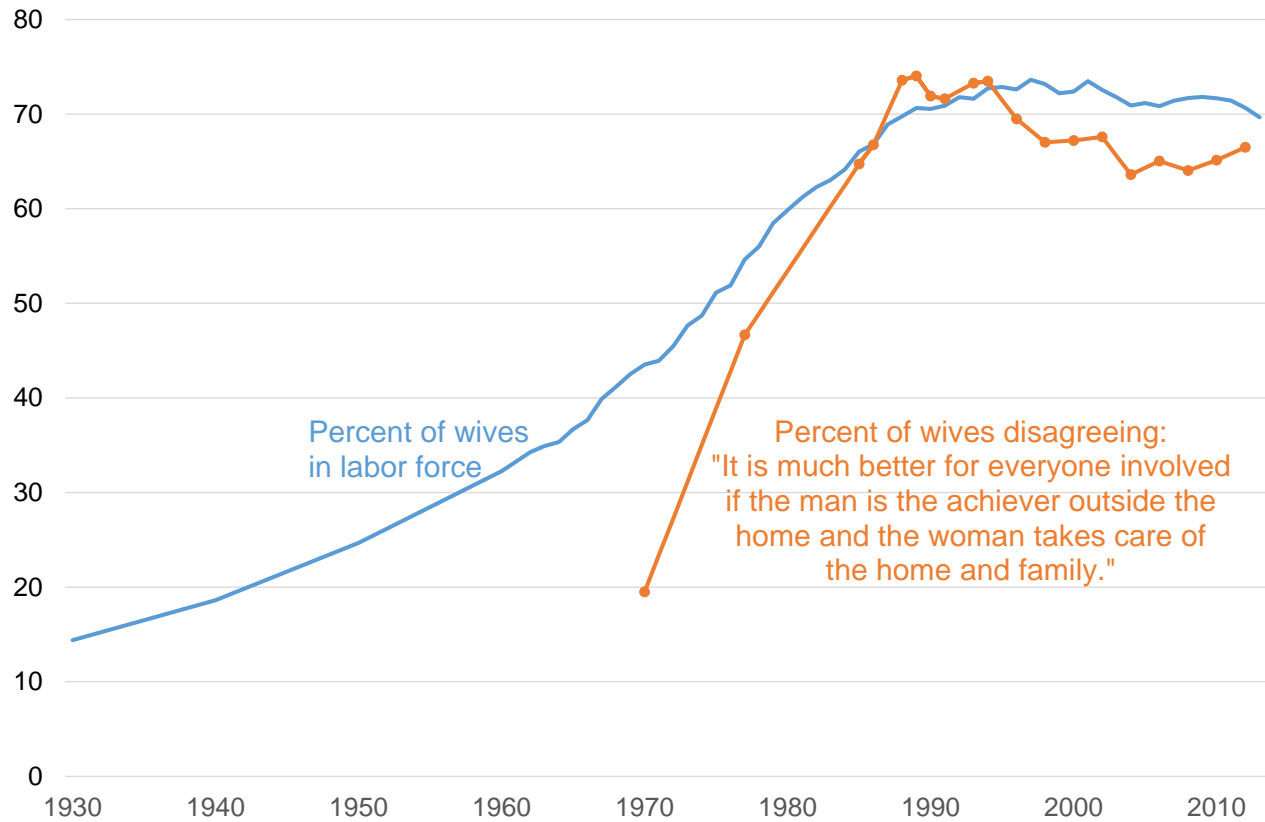
Changes in behavior and changes in social norms are mutually reinforcing (Axinn & Thornton 2000). Following the arguments of Oppenheimer (1970), Goldin (1990), and Costa (2000), let us assume that married women's wage labor participation initially began to rise because of exogenous market pressures. Working wives who disapproved of married women's work experienced cognitive dissonance, and their attitudes probably shifted. More broadly, the friends and relatives of working wives probably also increasingly came to see married employment as acceptable behavior. The declining stigma of married work would have encouraged additional married women to seek employment. Thus, shifting behavior led to shifting norms, which in turn further accelerated shifting behavior.

Figure 22 compares attitudes to married women's work with actual work behavior among ever-married women under age 45. In 1970, the National Fertility Survey asked such women if they agreed or disagreed with the statement "It is much better for everyone involved if the man is the achiever outside the home and the woman takes care of the home and family" (Ryder and Westoff 1975). Only 18.5% of ever-married women disagreed, even though 41% of such women were actually employed. In 1977, the question was repeated in the General Social Survey, and by then 48.1% of ever-married women disagreed, which was just below the percentage actually working (Smith, Hout & Marsden 2013). The next time the question was asked was in 1985, and by then

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<sup>17</sup> Men were similarly asked to judge what they thought of men who did not marry, and the change was in the same direction but smaller, from 67% to 50%.

Figure 22. Comparison of attitudes to married women's work and actual work behavior: Married U.S. women under age 45



67.8% disagreed with the idea that married women should stay home, which was significantly higher than the percentage actually working. The initial change in behavior took place at a time when there was still strong disapproval of married women's work among married women, and probably even stronger disapproval among men. Once the percentage of working married women approached 50%, however, there was a sudden and dramatic shift in attitudes.<sup>18</sup>

Demographers have increasingly recognized an independent role of cultural change in the transformation of the family. The broad intellectual movement sometimes called the "cultural turn" spread from the humanities to the social sciences in the 1980s and 1990s (Nash 2001), leading some demographers to rethink causal mechanisms. When the Princeton Fertility Project failed to

<sup>18</sup> Between 1990 and 2000, there was a significant increase in the percentage of married women who supported the male-breadwinner model of the family (Cotter, Hermsen, and Vanneman 2011). The percentage of wives in the labor force, however, peaked around 2000 and then began to decline, suggesting that attitudinal change may have stimulated behavioral rather than the other way around.

identify a clear spatial association between fertility levels and economic development in late 19<sup>th</sup>-century Europe, many demographers concluded that cultural explanations had been overlooked in the study of fertility (Coale & Watkins 1986). Caldwell (1982) argued that family change was stimulated by new values that place a premium on individual satisfaction, and Preston (1986) made a compelling argument that demographers had neglected the role of cultural change.

The most ambitious cultural argument was articulated by Lesthaeghe (1983, 1995, 2010), who argues that the entire spectrum of recent family change results from the spread of ideas developed by late-18<sup>th</sup> century philosophers. According to the theory, the humanistic ideas of the enlightenment “redefined the position of the individual relative to his universe and, in the process, legitimized the principle of individual freedom of choice” (Lesthaeghe 1983: 412). Over the next two centuries, these new individualistic ideas trickled down from the intellectual elite to the masses. The advance of individualism was especially rapid in two periods: first, between 1860 and 1910, and second, between 1945 and 1970. The acceleration of change in these periods, Lesthaeghe argues, was stimulated by economic growth: “rapid increases of income fuel individual aspirations” and allow “individuals to be more self-reliant and more independent in the pursuit of their goals, which ultimately stimulates self-orientation and greater aversion to long-term commitments” (1983: 430).

The result in the first period of rapid change was the first demographic transition, leading to fertility decline across Europe and North America. In the second period, the result was the second demographic transition (SDT), leading not only to below-replacement fertility in Europe but also to the decline of marriage and the rise of married women’s employment, divorce, cohabitation, and unmarried fertility (Lesthaeghe 2010; van de Kaa 1987). Just as the first demographic transition spread from Europe around most of the world during the twentieth century, SDT theorists argue that the second transition is now spreading as well (Lesthaeghe 2010; Esteve, Lesthaeghe & Lopez-Gay 2012; Lesthaeghe & Neidert 2006).

In essence, the SDT theory argues that the family is dissolving because everyone has become more selfish. At one level, SDT theory may be regarded as purely ideational: once the

seed of individualism had been planted by Voltaire, Rousseau, and Adam Smith, it was inevitable that the new ideas would grow and spread as an autonomous force through all spheres of life, crushing traditional communal values. At another level, however, it is essentially a structural argument. Although individualistic values had existed in the West for 200 years, most people were constrained from acting on them by economic circumstances. Economic development after World War II meant that residents of developed countries achieved financial security. With their material needs satisfied, people were free to pursue existential and expressive needs through self-actualization. Thus, at its core the SDT theory relies on a structural stimulus to produce cultural change: rising affluence made it possible for people to pursue individual self-interest, and thereby led to the rejection of existing familial norms.

SDT theory is consistent with some aspects of U.S. family change. In particular, it provides a plausible contributing explanation of the rise of married women's employment and marital instability in the 1950s and 1960s and the early decline of marriage rates in the 1960s and early 1970s. Some middle-class married women started working for individualistic motives, including escape from the "devastating boredom" of the male-breadwinner marriage. Some women, newly able to support themselves, were able to terminate unsatisfactory marriages and achieve independence. Moreover, the early rise of marriage age in the 1960s at least partly reflects intentional delay of marriage by women who no longer had to rely on the support of husbands or fathers to maintain a basic standard of living. In all these situations, decisions were sometimes motivated by a desire for self-fulfillment and individual autonomy.

The other major changes I have described, however, do not fit the SDT model. If self-actualization were the source of family change, then the change would be concentrated among people who had achieved at least a minimal level of financial security. But for the past four decades it has been the people at greatest economic risk—both men and women—who have been the least likely to marry and the most likely to cohabit, divorce, and have children without a co-residing partner. As McLanahan (2004) stressed, young people are facing diverging destinies. Among the college-educated and the affluent, the impact of family change is muted: marriage is

still feasible, marital instability is declining, and cohabitation and unmarried fertility can be managed without hardship. It is among those with deepest economic stress and with the least education that the transitions associated with SDT theory predominate. It is not plausible that massive numbers of impoverished single mothers are actively choosing a path of self-fulfillment.

Perhaps the greatest limitation of SDT theory is that it does not recognize the role of shifting power relations within the family. Women lacked individual liberty under the corporate family and the male-breadwinner family not because they were ignorant of individualistic ideas, but because they had no means of escape from domination by men. Enlightenment individualism simply did not extend to women: Rousseau felt that women should be “closed up in their houses,” where they “must receive the decisions of fathers and husbands” (Blum 2010: 51).

## **Discussion**

The American family was transformed over the past two centuries by tectonic shifts in the structure of the economy. The transition from corporate families to male breadwinner families was a consequence of the rise of wage labor in the industrial revolution. The transition from male breadwinner families to dual-earner families reflects the massive increase in wage labor among married women following the Second World War. The decline of the corporate family led to a profound shift in generational relations, as family patriarchs lost control over their wage-earning sons. The decline in the male-breadwinner family led to an equally profound shift of gender relations, as men lost control over their wage-earning wives and daughters.

In the last half century, continuing structural changes have undermined the dual-earner family. The massive decline of relative earnings among young men together with the long stagnation in earnings among young women is the most obvious explanation for the unprecedented decline in marriage since the mid-1970s. The declining prospects of youth not only reduce transitions to marriage; they also contribute to high marital instability, single parenthood, and cohabitation (e.g., Carlson, McLanahan & England 2004; Duncan, Huston & Weisner 2007;



Heaton 2002; McLanahan 2004, 2009; McLanahan & Percheski 2008; Martin 2006; Orbuch et al. 2002; South 2001; Stanley et al. 2006).

Easterlin (1987: 165) argued that both the decline of marriage and the rise of married female wage labor “reflect chiefly the struggle of the baby boomers to maintain their economic status relative to their parents.” That interpretation is persuasive but incomplete. The initial rise of married women's employment was not a response to declining male wages, since male wages were still going up rapidly when it occurred. Instead, from the 1950s to the 1970s married women's growing employment reflected labor shortage, and also probably also reflected women's widespread dissatisfaction with male-breadwinner marriages. The growing availability of jobs for women in turn contributed to the postponement of marriage and rise of divorce in the 1960s and 1970s.

Gender role conflict further contributed to the decline of marriage (Ellwood & Jencks 2004; Furstenberg 1996; Goldscheider, Burnhardt & Lappegård 2014). What shifted the balance of power within marriages was not simply ideology: when second-wave feminism burst onto the scene around 1970, the male-breadwinner family was already disappearing. The timing suggests that the rise of married women's employment undermined the economic basis of male authority and led to the rise of feminist ideology (Chafetz 1995; Evans 2003). The gender role expectations of men shifted too, but they continued to lag behind the expectations of women from the 1970s to the 1990s (Thornton & Young-DeMarco 2001). With new economic opportunities available, many women chose to forgo marriage to men who continued to treat them as subordinate.

Goldscheider, Burnhardt and Lappegård (2014) cite research from time-use studies to argue that male attitudes are catching up: men are increasing their time spent in childcare and (to a much lesser extent) in housework. This leads Goldscheider and her coauthors to project a highly optimistic vision of gender equality within families. This gender revolution, they predict, will lead to increased union formation, increased commitment of partners, increased union stability, and a return to replacement-level fertility in Europe. Goldscheider, Burnhardt and Lappegård focus on Sweden, and perhaps their vision can be realized there under the benevolent protection of the

welfare state. In the United States, the vision of new union stability may similarly be achieved among the educated and affluent. But for most young people, the future is not as bright.

The fading of marriage may be benign for the economically secure, but it is not working well for those at the bottom. For people without resources, the fragmentation of the family exacerbates insecurity. Economic inequality is the central cause of the decline of marriage, and it is fraying the fabric of society. In the long run, the only way to address the decline of the family is to institute fundamental reforms that turn back the tide of inequality and ensure that young people—both men and women—have decent opportunities to earn a living wage.

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